Criteria VII

7.3 Distinctiveness

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INTERNAL QUALITY ASSURANCE CELL

Distinctiveness

Women's education has always been a matter of concern for all the societies and in all the ages. But in modern era this has acquired the most important place as we need to face greater challenges in our times compared to the past.

It is a fact that women are the half of the world. If they remain ignorant, the remaining half will also remain ignorant because she will be the mother of all the male part. In this way we need to educate the girls they are the future mothers. It is proved that women are the backbone of our society.

Our college has shouldered this greatest responsibility of educating girls. It is a fact that our girls not only belong to the creamy layer of the society but also to the down trodden part. So our responsibility becomes many folded. We need an all round development of the girls.

Our aim is to enable our students to face the modern world with all challenges, and share the responsibilities of able citizen to bring about socio-economic growth of our society and strengthen our nation.

Through the weapons of the education we want to eradicate the evils of the society like superstitious, ignorance and exploitation etc. We want to create scientific temper among the students and change their attitude towards the education.

We believe that only education can bring about positive change in lives of women. It breaks the shackles of ignorance and fades away the darkness of

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illiteracy. We want to nurture our students with the universal values of truth and courage. We want to help them in their pursuit of excellence.

We want to foster them the spirit of secularism and also national integration. For coexistence brings harmony and society can develop by leaps and bond. This is the best solution of all the problems.

Our goal is to empower women through the means of education. We want to transform our students in to self dependent beings. They must establish their self respect, emotionally, socially and economically.

We believe that education is the key to women empowerment, prosperity and welfare. Through education women have better access and opportunity in all the fields leading to increased income.

Hence, our efforts with these motives have resulted into satisfactory results. For us women empowerment mean emancipation of women from the vicious grips of social, economical, political, caste and gender based discrimination. It means granting women the freedom to make choices in life and realize their dreams.

Programmes Under NSS

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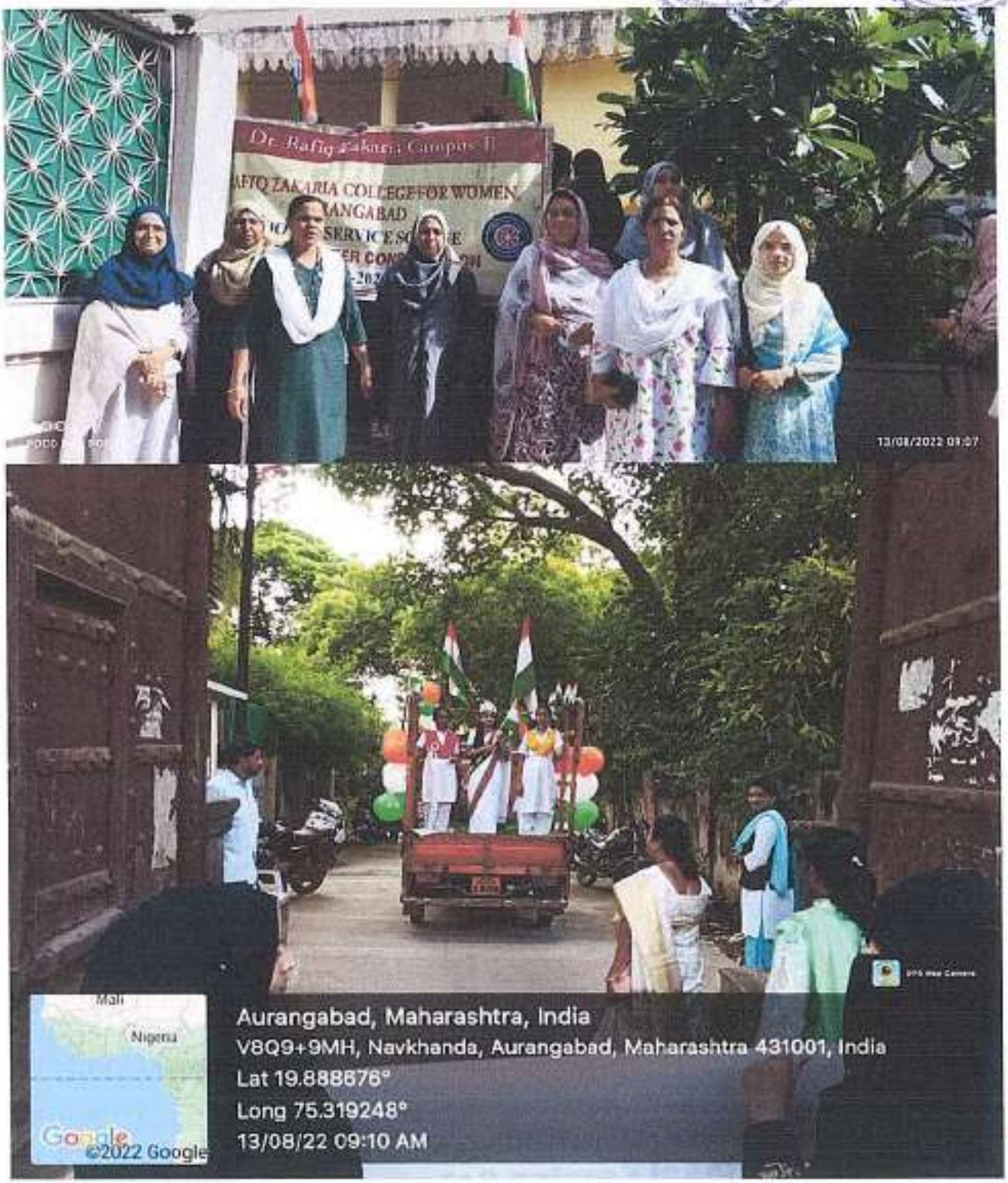

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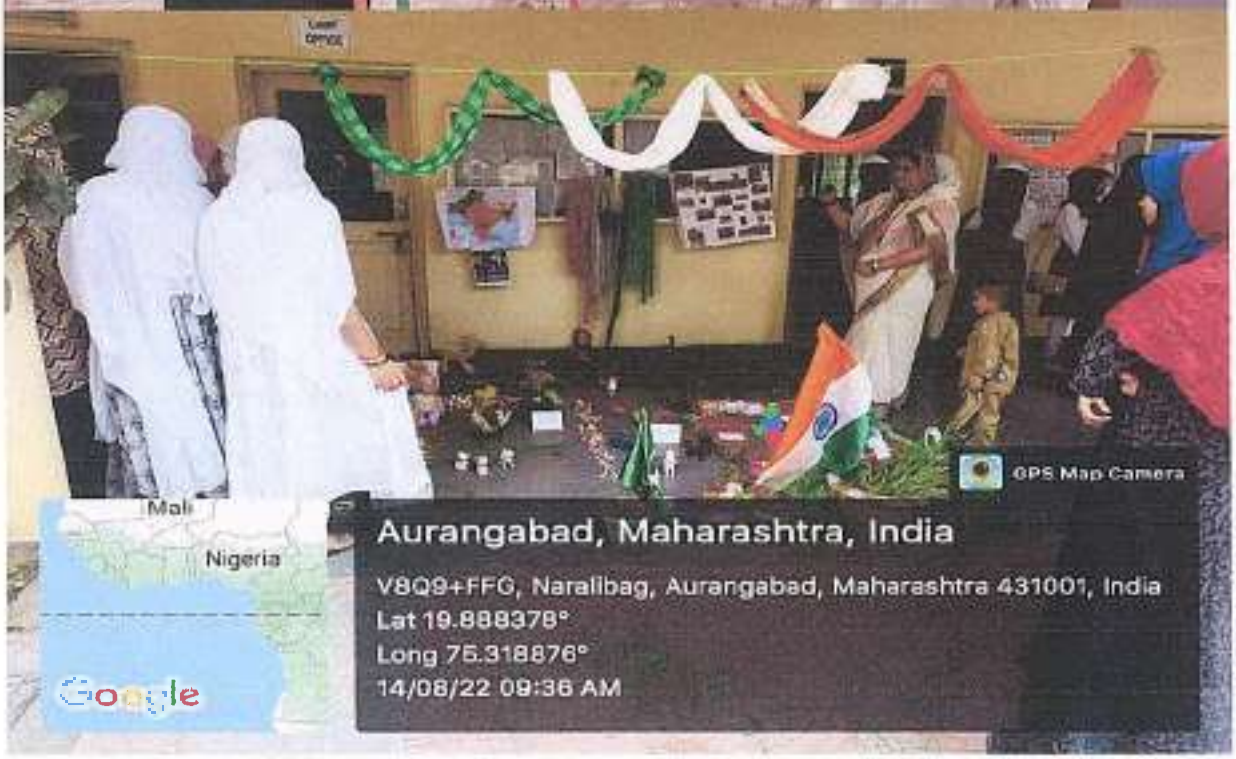
Dr. Rafiq Zakaria College for Women Aurangabad



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Navkhanda Jubilee Park, Aurangabad

NSS Special Camp:2019-2020

Inauguration
"NSS Special Camp"
By
Dr.Maqdoom Farooqui
Principal
Aurangabad
ATTENDANCE SHEET

Date :21.01.2020 Session:Morning

Sr.No.	Roll No.	Names of the Students	Class	Signature
01	19	Shaikh Zeba Fatima	B.A IIInd Year	
02	43	Qureshi Iqra	B.A IIIrd Year	
03	06	Khan Tayaba	B.Sc IIIrd yr	
04	33	Mir Sakina	B.Sc IIIrd yr	
05	05	Shruti Waghmare	B.Sc IIIrd yr	
06	33	INSHA SHAIKH	B.A IIIrd Year	
07	24	Sana Kauser	B.A IIIrd year	
08	02	Sayed Romina	BCS IIIrd yr	
09	01	RIDA PATEL	BCS IIIrd yr	
10	03	SHAIKH ASIYA	BCS IIIrd yr	
11	34	Shirin Fakeera	B.A IIIrd yr	
12	01	Sumaiya Yasmeen	B.A IIIrd yr	
13	20	Shaikh Janeria Fatema	B.A IIIrd yr	
14	46	Shaikh Farha	B.A IIIrd Year	
15	61	Samiya Bano	B.A IIIrd Year	
16	12	Shaikh Ishrat	B.A IIIrd year	
17	54	Iman fatema	B.A IIIrd Year	
18	17	Sayed Muskan	" "	
19	45	Shaikh Nikhat	" "	
20	55	Pathan Afreen	" "	

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Aurangabad
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Date :21.01.2020 Session:Morning

Sr.No.	Roll No.	Names of the Students	Class	Signature
21	09	Mirza Tasmiya	BSc III rd year	Mirza
22	07	SK. Sana Fatima	BSc – III year	
23	40	Shaher Bano	— " —	
24	65	Iubna Kauser	B.A III year	
25	25	Syed Wafa Afzal	B.A. III Year	
26	42	Saima Firdous	B.Sc III yr	saima
27	60	Khan Fahimunnisa Mugsood	B.A. III year	
28	02	Tabassum Naaz	B.Sc III year	
29	55	Afreen Shafy Khan	B.A III year	
30	49	Khan Sana Kauser Salim Khan	B.Sc III rd year	Sana
31	03	Shaikh Raena	BSc. III rd year	
32	21	Shaikh Tahreem Bano	B.A III rd year	Tahreem
33	45	do Sham	BSc III rd yr	
34	10	Juba	— " —	
35	02	Shaikh Naziya	B.A. III rd year	Naziya
36	44	Afshan begum	B.A III rd Year	
37	32	Naqia Tabassum	B.Sc III rd year	
38	08	Tarannum SK. Akhtar	B.Sc III rd year	Tar
39	19	Shah Sana	— " —	
40	14	Maniya Sahar Qureshi	— " —	

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"NSS Special Camp"

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Aurangabad

ATTENDANCE SHEET

Date :21.01.2020 Session:Morning

Sr.No.	Roll No	Names of the Students	Class	Signature
41	38	[illegible]	B.Sc III year	[illegible]
42	43	Sumaiya Fatema	B.Sc III year	Sumaiya
43	44	[illegible] Fatema	B.Sc III year	[illegible]
44	12	Sana Gohar	B.Sc III year	[illegible]
45	27	Nisbat Tabassum	B.A III year	Nisbat
46	05	Baig Toba kauser	B.A III year	[illegible]
47	30	Syeda Fizhan Anjum	B.Sc III year	[illegible]
48	36	Samreen Thekiya	BSc III year	[illegible]
49	01	Shaikh Rehna Anjum	—— " ——	[illegible]
50	03	Pathan Tamanna Raja	B.A III yr	[illegible]
51	04	Shaikh Iram Fatema	B.Sc III year	[illegible]
52	01	Pathan Farheen bi Anwar	BSc III Year	Farheen
53	36	Shaikh Tabbassum Fatema	BSc III year	[illegible]
54	23	Khan Aliya Nusrat	B.Sc III year	Aliya
55	37	Syeda Samar Nasir	—— " ——	[illegible]
56	54	Sana Kausar	—— " ——	[illegible]
57	27	Shaikh Anjum	—— " ——	Anjum
58	34	Shaikh Ayesha Liyakhat	—— " ——	[illegible]
59	57	Shaikh Tazeen Fatema	—— " ——	[illegible]
60	08	Shaikh Uzma parveen	BCS III yr	[illegible]

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Sr.No.	Roll No.	Names of the Students	Class	Signature
61	52	Shabana Abdullah Khan	B.Sc III yr	[illegible]
62	24	Saima Niaz [illegible] Naeem	B.Sc III year	Saima
63	51	Syeda Nida Nikhat	B.Sc III year	Nida
64	11	Shaikh Afreen Harsen	—"—	Afreen
65	13	Qazi Rasa Anam	B.Sc-III	Sara
66	25	Shaikh Samreen Samin	B.Sc-III year	[illegible]
67	22	Khan Afreen Aqa	B.Sc-III yr	[illegible]
68	29	Samiya Fatema Shakeel	—"—	Samiya
69	26	Khan Sana	B.Sc-III yr	Sana
70	16	Syda Nahid Fatima	B.A-III year	[illegible]
71	21	Hilabi Bushra Abdullah	B.Sc-III year	[illegible]
72	22	Shejul Pranjal Vilas	B.Sc-III year	Shejul
73	20	Kausar Fatima	B.A 3rd	[illegible]
74	40	Huda Anjum Kazi	—"—	[illegible]
75	23	Sk. Ghauhar	B.A 3rd yr	[illegible]
76	53	Bin Maci Zaheda	—"—	[illegible]
77	57	Fatima Fakruddin	—"—	[illegible]
78	28	Samiya Firdous	—"—	[illegible]
79	58	Shaikh Amtul Samad Kausar	—"—	[illegible]
80	41	Syda Shamama Dauj	B.A-III	Shamama

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Date :21.01.2020 Session:Morning

Sr.No.	Roll No.	Names of the Students	Class	Signature
81	64	Khan Amrin Fatima	B.A - III	Amrin
82	[illegible]	Sumaiya Bibakaban	—"— —"—	Sumaiya
83	56	Sk. Adiba Anjum	B Sc - III year	Adiba
84	53	Khan Hanifa Tabeen	BA 3rd	Hanifa
85	50	Jaweriya Firdous	—"—	Jaweriya
86	17	Afshiya fatema	B.Sc 3rd yr	Afshiya
87	08	Sk Arzoo	BA —"—	Arzoo
88	10	Khan Zareen	—"—	Zareen
89	31	Fatema Shyker Razvi	—"— —"— —"—	Razvi
90	18	HUMAIRA TABASSUM	B.A - III	Humaira
91	39	Tahiya Khan	—	Tahiya
92	48	Saba Anjum	—"— —"—	Saba
93	16	Khan farha	B.Sc III yr	farha
94	39	Syed Nargis Ali	B.Sc - III year	Nargis
95	56	Farzana Sayyed	B.A - III	Farzana
96	57	Khan Hanifa bano	BA 3rd year	Khan
97	73	Sk Nameera Saeed	—"—	Nameera
98	20	KHAN SABA FIRDOUS	B.Sc 3rd year	Saba
99	30	Hanna Tehreem	B.A —"—	Hanna
100	62	Syed Meeda Sabahat	—	Sabahat

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NSS Special Camp:2019-2020

"Women Self Grooming"

1.Fitness

2.Self Grooming

3.Healthy Life System

Mrs.Aqsa Johar

ATTENDANCE SHEET

Date :21.01.2020

Session: Afternoon

Sr.No.	Roll No.	Names of the Students	Class	Signature
1.	05	Shruti Wagmare	B.Sc 3rd year	
2	33	Mir Sakina	B.Sc. III yr	
3	06	Khan Tayaba	B.Sc III yr	
4	02	Sayed Romana	B.S III rd yr	
5	24	Sana Kauser.	B.A III rd year	
6	01	RIDA PATEL	B.S III rd yr	
7	31	Shirin Fatema	B.A III rd year	
08	01	Sumaiya Yasmeen	B.A III rd year	
9	03	Shaikh Asiya	B.Sc III rd yr	
10	44	Afshan begum	B.A III rd year	
11	46	Shaikh Farha	B.A III rd year	
12	61	Saniya Bano	B.A III rd year	
13	12	Shaikh Shehat	B.A III rd year	
14	45	Shaikh Nikhat	" "	
15	17	Mushkan Sayyed	" "	
16	09	Mirza Tasmiya	BSC III rd year	
17	10	Jeba	———	
18	03	Shaikh Raena	BSc III rd year	
19.	40	Shaha Bano.	—"—	
20	02	Shaikh Nazia	B.A III rd year	

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NSS Special Camp:2019-2020

"Women Self Grooming"

1.Fitness

2.Self Grooming

3.Healthy Life System

Mrs.Aqsa Johar

ATTENDANCE SHEET

Date :24.01.2020

Session: Afternoon

Sr.No.	Roll No.	Names of the Students	Class	Signature
21	20	Shaikh Jannatun Fatema	III rd yr [B.A]	
22	21	Shaikh Tahseen Bano	B.A IIIrd yr	
23	43	Izba Qureshe	B.A IIIyear	
24	19	Zeba Shaikh	B.A IIIyear	
25	33	INSHA SHAIKH	B.A IIIrd year	
26	19	Shah Sana	BSC- III yr	
27	60	Khan Fahmunnisa Maqsood	B.A III yr	
28	02	Tabassum Naaz	B.Sc. III yr	
29	55	Afreen Shafiq Khan	B.A III year	
30	49	Khan Sana Kauser Salim Khan	B.Sc III rd yr	
31	14	Maniya Sohel Quazi	BSc III rd Yr	
32	42	Saima Firdous Asad Patel	B.Sc. III yr	
33	32	Nagia Tabassum	B.Sc III rd yr	
34	08	Tarannum Shaikh Akhtar	B.Sc III rd yr	
35	09	Sk. Sana Fatima.	BSC. - III yr	
36	45	Ali Anam	"	
37	54	Iman Fatema	B.A III rd Year	
38	65	Lubna Kauser	B.A III year	
39	27	Nishat Tabassum	B.A III year	
40	30	Syeda Farheen Anjum	B.Sc III Year	

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Navkhanda Jubilee Park, Aurangabad

NSS Special Camp:2019-2020

"Women Self Grooming"

1.Fitness

2.Self Grooming

3.Healthy Life System

Mrs.Aqsa Johar

ATTENDANCE SHEET

Date :21.01.2020

Session:Afternoon

Sr.No.	Roll No.	Names of the Students	Class	Signature
41	06	Baig Tuba Kausar	B.A III rd Yrs	
42	08	Pathan Tamanna	B A III rd year	
43	31	Shaikh Reshma Begum	B.Sc III yr	
44	46	Sameera Thekiya	—//—	
45	04	Shaikh Sham Fatema	—//—	
46	01	Pathan Fasheen bi Anwar	BSC III rd Yr.	
47	36	Shaikh Tabbasum Fatema	BSc III rd yr.	
48	03	Khan Aliya Mudasir	B.Sc III rd year	
49	37	Syeda Samar Naaz	—//—	
50	54	Sana Kausar	—//—	
51	27	Shaikh Anjum	—//—	
52	34	Shaikh Ayesha Liqkhak	—//—	
53	44	Syeda Ainul Fatema	—//—	
54	43	Syeda Sumaiya Fatema	—//—	
55	38	Rakshanda Khan	—//—	
56	11	Sana Gauhar	—//—	
57	52	Shabana A. Khan	B.Sc T.Y	
58	57	Shaikh Tazeen Fatema	B Sc III rd yr	
59	51	Syeda Nida Nehri	B.Sc III rd yr	
60	24	Saima Naaz Shaikh Naeem	B.Sc III rd Year	

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Dr. Rafiq Zakaria Campus-II

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Navkhanda Jubilee Park, Aurangabad

NSS Special Camp:2019-2020

"Women Self Grooming"

1.Fitness

2.Self Grooming

3.Healthy Life System

Mrs.Aqsa Johar

ATTENDANCE SHEET

Session: Afternoon

Date : 21.01.2020

Sr.No.	Roll No.	Names of the Students	Class	Signature
61	15	Shaikh Afreen Afreen	B.Sc-III year	Afreen
63	08	Sk. Afzoo	B.A. III Year	Afzoo
63	10	Khan Zareen	—"—	Zareen
64	39	Tahiya Khan	" "	Tahiya
65	16	Khan farha	B.Sc-III yr	farha
66	56	Afzana Sayyed	B.A III	Fa
67	52	Jweriya Firdous	" "	Jweriya
68	18	HUMAIRA TABASSUM	" "	Humaira
69	48	Saba Anjum	—"—	Saba
70	57	Khan Hafsafatema	—"—	Khan
71	56	Sk. Adiba Anjum	B.Sc 3rd	Adiba
72	17	Arshiya fatema	B.Sc-3rd yr	Arshiya
73	66	Summaiya Kehkashan	B.A-III year	Summaiya
74	70	Afroz Khan Younus	—"—	Khan
75	54	Khan Amrin fatima	" "	Amrin
76	39	Syed Nargis Ali	B.Sc-III year	Nargis
77	72	Shaikh Afrin Qaiser	B.A-3rd year	Afrin
78	69	Mizbha Naaz	B.A 3rd yr	Mizbha
79	74	SABA Quadri	—"—	SABA
80	71	SIMIN MOHD.	B.A 3rd yr	SIMIN

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ATTENDANCE SHEET

Date :21.01.2020 Session:Afternoon

Sr.No.	Roll No.	Names of the Students	Class	Signature
81	68	Shaikh Uzma Firdous	B.A III	Uzma
82	67	Zohra Fatima	" "	Zohra
83	28	Shejul Pranjal Vilas	B SC - 3rd year	Shejul
84	26	Kausar Fatima	B.A - III yr	Kausar
85	51	Fatima Fakhruddin	" — " —	Fatima
86	28	Saniya Firdous	B.A III yr	Saniya
87	76	Khan Sapna	B.SC III year	[illegible]
88	11	Shaikh Afreen Haroon	" "	Afreen
89	40	Husla Anjum Kazim	B.A 3rd	Husla
90	23	SK. Ghauhar	" "	Ghauhar
91	41	Syeda Shamama Gauj	B.A III	Shamama
92	31	Fatema Hyder Razvi	B.A III year	Razvi
93	13	Azmi Sara Anam	" — " —	Sara
94	53	Bin Mazi Zahada	B.A 3rd year	Zahada
95	58	Shaikh Amtul Samee Kausar	— " —	Amtul
96	64	Khan Amrin Fatima	— " —	Amrin
97	21	Hilabi Bushra Abdul Hafi	B.SC III yr	[illegible]
98	16	Syeda Noshin Fatema	B.A III year	S.Noushin
99	35	Madiha Anjum	B.SC III	Madiha
100	14	Sayyed Madiya Nishat	B.A - 3rd	Madiya Nishat

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NSS Special Camp:2019-2020

"Disaster Management"

Mr.Naeem Khan Pathan

Fire Officer

Municipal Cooperation

Aurangabad

ATTENDANCE SHEET

Date :22.01.2020 Session:Morning

Sr.No.	Roll No.	Names of the Students	Class	Signature
1	56	Afreen Shoyg Khan	B.A III year	
2	25	Syed Wafa Argam	—— " ——	
3	40	Shaher Bano	BSc III yr	
4	53	Shaikh INSHA	BBA III Year	
5	19	Shaikh Zoba Fatima	—— " ——	
6	45	Shaikh Nikhat Yasmeen	—— " ——	Nikhat
7	12	Shaikh Ishrat	—— " ——	Ishrat
8	17	Mushkan Sayyed	—— " ——	Mushkan
9	55	Pathan Afreen	—— " ——	
10	29	Shaikh Tahseen Bano	B.A IIIrd year	
11	24	Sana Kausar	B.A IIIrd year	Sana
12	02	Sayed Rumas	B.C.S IIIrd yr	
13	34	Shaikh Sabreen	B.A III y.r	Shaikh
14	01	Rida Patel	BCS IIIrd yr	
15	30	Syeda Firdous Begum	BSc IIIrd year	
16	49	Khan Sana Kausar Salim Khan	B.C.S IIIrd year	Sana
17	27	Nikhat Tabassum	B.A IIIrd year	
18	06	Baig Tuba Kausar	B.C.S IIIrd year	
19	32	Mir Sakina	BSc IIIy	Sakina
20	05	Shanti Waghamare	B.Sc IIIrd year	

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ATTENDANCE SHEET

Date :22.01.2020 Session:Morning

Sr.No.	Roll No.	Names of the Students	Class	Signature
21	06	Khan Tayaba	B.Sc. III yr	
22	42	Saima Firdous	— " —	Saima
23	07	Sk. Sana fatema	— " —	
24	46	Shaikh Farida	B.A III rd Year	
25	61	Samiya Banu	B.A III rd Year	
26	65	Lubna Kausar	B.A III rd Year	
27	54	Iman fatema	"	
28	02	Tabassum Naaz	B.Sc III yr	
29	01	Pathan Farheen bi Anwar	B.Sc III rd Year	
30	46	Sameera Theraya	B.Sc III rd yr	
31	19	Shah Sana	— " —	
32	51	Syeda Nida Nehal	B.Sc III rd yr	
33	24	Saima Naaz Shaikh Naeem	B.Sc III rd year	
34	10	Juba M.A Quran	— " —	
35	45	[illegible]	— " —	
36	57	Shaikh Tazeen fatema	— " —	
37	08	Shaikh Uzma parveen	B.C.S III rd year	
38	23	Khan Aliya Nudrat	B.Sc III rd year	
39	37	Syeda Samar Naaz	— " —	
40	36	Shaikh Tabbassum fatema	— " —	

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ATTENDANCE SHEET

Date :22.01.2020

Session:Morning

Sr.No.	Roll No.	Names of the Students	Class	Signature
41	34	Shaikh Ayesha	B.Sc III rd yr.	Ayes
42	54	Sana Kausar	B.Sc III rd yr	[illegible]
43	27	Shaikh Afjum	B.Sc III rd year	Afjum
44	44	Syeda Ainul Fatema.	B.Sc III rd year	[illegible]
45	38	Rakshanda Khan	BSc III rd year	Raksha
46	12	Sana Gohar	— " —	[illegible]
47	43	Syeda Sumaiyya Fatima	— " —	Sumaiyya
48	03	Pathan Tamanna	B.A III rd year	[illegible]
49	60	Khan [illegible]	"	[illegible]
50	31	Shaikh [illegible]	[illegible]	[illegible]
51	04	Shaikh Juveria Jabeen	— " —	Shaikh
52	32	Naqia Tabassum	— " —	Naqiya
53	02	Tasannum Shaikh Akhtar	B.Sc III yr	Tas
54	14	Maniya Saba [illegible]	— " —	[illegible]
55	52	Shabana A. Khan	— " —	[illegible]
56	45	Tabu Qureshi	B.A [illegible]	Qureshi
57	09	Mirza Tasmiya	BSC III year	Mirza
58	03	Shaikh Rama	— " —	Rama Shaikh
59	01	Sumaiyya Yasmeen	B.A III rd y	[illegible]
60	02	Shaikh Naziya	— " —	Naziya

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Sr.No.	Roll No.	Names of the Students	Class	Signature
61	20	Shaikh Javeria Fatema	B.A III yr	[illegible]
62	44	Khan Jabeen	B.A III yr	[illegible]
63	22	Khan Afreen Aqsa	B.Sc-III yr	[illegible]
64	29	Saniya Fatema Shakeel	—"—	[illegible]
65	20	Khan Sana	B.Sc-III	[illegible]
66	11	Shaikh Afreen Khatoon	B.Sc.-III	[illegible]
67	53	Bin Mazi Zaheda	B.A 3rd yr	[illegible]
68	51	Fatima Fakhruddin	—"—	[illegible]
69	28	Saniya Firdous	B.A III year	[illegible]
70	26	Kausar fatima	B.A III year	[illegible]
71	23	SK. Ghouhar	—"—	[illegible]
72	13	Atmir Sara Arman	B.Sc. 3rd	[illegible]
73	16	Sayeda Noshin Fatima	B.A 3rd year	[illegible]
74	40	Huda Mazhar Kazim	—"—	[illegible]
75	21	Hilabi Bushra Abdullah	B.Sc 3 year	[illegible]
76	28	Shejul Pranjal Vilas	—"—	Shejul.
77	58	Shaikh Amtul Saima Pawar	B A-III	[illegible]
78	64	Khan Amina Fatima	" "	[illegible]
79	53	Khan Hanifa Jabeen	" "	[illegible]
80	25	Shaikh Samreen Shamim	B.Sc - III yr	[illegible]

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NSS Special Camp:2019-2020

"Disaster Management"

Mr.Naeem Khan Pathan

Fire Officer

Municipal Cooperation

Aurangabad

ATTENDANCE SHEET

Date :22.01.2020 Session:Morning

Sr.No.	Roll No.	Names of the Students	Class	Signature
81	66	Summaiya Kahatoulan	B.A-III year	Summaiy
82	50	Jawariya Firdous	—"—	Jawariya
83	39	Syed Naqis Ali	B.Sc-3rd year	Naqis
84	30	Hamna Tehseen	B.A —"—	Hamna
85	74	SABA Quadri	B.A-III	SABA
86	41	Syeda Shamama Ouij	B.A-III	Shamama
87	56	Sk. Adiba Anjum	B.Sc-3rd	Adiba
88	69	Mizbha Naaz	B.A-III year	Mizbha
89	08	SK AFZOO	B.A-III yr	AFZOO
90	71	SIMIN MOHD	B.A-III	SIMIN
91	57	Khan Aaisfatema	B.A III	[illegible]
92	20	KHAN SABA FIRDOUS	B.Sc-3rd	SABA
93	68	Shaikh Izma Firdous	B.A 2nd	Izma
94	67	Lobna Fatima	—"—	Lobna
95	17	Arshiya Fatema	B.Sc-III year	Arsh
96	52	Syed Afreen Sabahat	B.A-3rd	SAfreen
97	31	Fatema Yusufi Qazem	" "	[illegible]
98	10	Khan Zareen	—"—	Zareen
99	72	Shaikh Afrin Dilawar	B.A 2nd	Afrin
100	73	Sk. Nameera Saeed	B.A 2nd	Nameera

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NSS Special Camp:2019-2020

"Soup Making"

Mrs.Fahmeeda Farooqui

H.O.D

Mrs.Hafeeza Khan

Home Science Dept.

Dr.Rafiq Zakaria College Women

Aurangabad

ATTENDANCE SHEET

Date :23.01.2020 Session: Morning

Sr.No.	Roll No.	Names of the Students	Class	Signature
1	14	Maniya Sahar Quadri Intiyaz	BSc III Year	
2	42	Saima Firdous Abd Fatah	--- " ---	
3	08	Tarannum Shaikh Akbar	--- " ---	
4	32	Nagra Tabassum	--- " ---	
5	44	Syeda Ainul Fatema	--- " ---	
6	35	Rakshanda Khan	--- " ---	
7	12	Sana Gohar	--- " ---	
8	43	Syeda Samreen Fatima	--- " ---	
9	30	Syeda Farheen Anjum	BSc III year	
10	52	Shabana A. Khan	--- " ---	
11	06	Baig Tiba Kausar	B.A III year	
12	51	Sayeda Nida Mehru	B.Sc III year	
13	24	Saima Naaz S.K. Nasrin	B.Sc III year	
14	09	Mirza Tasmiya	--- " ---	
15	40	Shaher Bano	--- " ---	
16	10	Juba Md Yunus	--- " ---	
17	2	Neamat SK	--- " ---	
18	45	Ali Anam	--- " ---	
19	49	Khan Sana Kausar	--- " ---	
20	7	Shaikh Sana Fatima	--- " ---	

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Date :23.01.2020 Session:Morning

Sr.No.	Roll No.	Names of the Students	Class	Signature
21	19	Shaikh Zaka Fatema	B.A 3rd year	
22	43	Izba Qureshi	B A 3rd year	
23	53	INSHA SHAIKH	B.A III Year	
24	17	Muskan Sayyed	" "	
25	12	Shaikh Ishrat	B.A III year.	
26	45	Shaikh Nikhat	" "	
27	55	Farhan Afreen	" "	
28	01	Sumaiya yasmeen	"	
29	02	Shaikh Naziya	"	
30	20	Shaikh Juweriya	"	
31	26	Tahreem Shaikh	"	
32	27	Nishat Tabassum	"	
33	44	Afsha Jabeen	"	
34	57	Shaikh Tazeen Fatema	B Sc III yr	
35	08	Shaikh Uzma parveen	BCS III yr	
36	60	Khan Rahmunnisa mazheer	B.A III yr	
37	25	Syed Wafa Afzal	BA III Yr	
38	34	Shirin Fatema	B A III yr	
39	24	Sana Kauser	B.A III year	
40	46	Shaikh Farika	B.A III Year	

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NSS Special Camp:2019-2020

"Soup Making"

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Sr.No.	Roll No.	Names of the Students	Class	Signature
41	61	Saniya Bano	B.A IInd Year	Saniya
42	02	Sayed Romisa	BCS IIIrd yr	[illegible]
43	01	Rida Patel	BCS IIIrd yr	[illegible]
44	03	Pathan Tummanna	B.A III yr	[illegible]
45	14	Maniya Sahir Quazi	BCS IIIrd year	[illegible]
46	42	Saima Fisdous	—"—	Saima
47	06	Tasmiyum Shaik Akhtar	—"—	[illegible]
48	32	Naja Tabassum	—"—	[illegible]
49	36	Sk. Tabassum Fatima	—"—	[illegible]
50	37	Sayed Samreen Nasir	—"—	[illegible]
51	27	S.K Anjum	—"—	[illegible]
52	23	Kham Aliya Anjum	—"—	[illegible]
53	34	SK Ayesha	—"—	[illegible]
54	54	Suna Kausar	—"—	[illegible]
55	19	Shah Sana	—"—	[illegible]
56	01	Pathan Farheen Bi	—"—	[illegible]
57	02	Khan Tabbassum Naaz	—"—	Naaz
58	31	Shaikh Reshma Patel	—"—	[illegible]
59	46	Thekiya Sameera	—"—	Sameera
60	04	Shaikh Sram Faluma	—"—	[illegible]

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Sr.No.	Roll No.	Names of the Students	Class	Signature
61	05	Shruti Waghmare	B.Sc 3rd year	
62	06	Khan Jafaba.	— " —	
63	38	Mir Sakina	— " —	
64	65	Lubna Kauser	B.A III year	
65	51	Iman fatema	B.A III rd Year	
66	13	Azmi Sara Anam	B.Sc. III yr	
67	16	Syeda Noshin fatima	B.A - III year	
68	26	Kausar fatima	B.A — " —	
69	16	Khan farha	B.Sc 3	
70	22	Khan Afreen Aqsa	B.Sc. III yr	
71	25	Shaikh Sumreen Shamim	B.Sc-III	
72	39	Syed Nargis Ali	— " —	
73	56	Farzana Sayyed	B.A-3	
74	73	Sk. Nameera Saeed	— " —	
75	20	KHAN SABA	B.Sc-3rd year	
76	21	Hilali Bushra Abdullah	B.Sc 3rd year	
77	28	Shejul Pranjal Vilas	— " —	
78	62	Syed Afeefa Shahat	B.A III	
79	30	Hamna Tehreen	" "	
80	11	Shaikh Afreen Parveen	B.Sc. - III	

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NSS Special Camp:2019-2020

"Soup Making"

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Date :23.01.2020 Session:Morning

Sr.No.	Roll No.	Names of the Students	Class	Signature
81	66	Summaiya kehakashan	B.A - III year	Summaiya
81.	17	Aseliya fatema	B.Sc-3rd yr	Asel
82	53	Bin Mazi Zahida	B.A 3rd year	Mazi
84	51	Fatima Faheemuddin	—"—	Fatima
85	71	SALMIN MOHD	" "	SIMMI
86	68	Shaikh Uzma P.	"—"—	Uzma
87	29	Samiya Fatema Shakeel	B.Sc.-III year	Samiya
88	08	SK. AFZAD	B.A III year	AFZAD
89	70	Afroz khan Younus	" " "	Khan A.
90	28	Samiya Fiduous	B.A 3rd	Samiya
91	74	SABA Qureshi	" "	SABA
92	67	Lohera Fatima	—"—	Lohera
93	56	sk. Adiba Anjum	B.Sc-III year	Adiba
94	26	khan Sara	" "	K Sara
95	40	Huda Anjum kazim	B.A -3rd year	Huda
96	58	Shaikh Amtul Saima Kausar	—"—	Amtul
97	50	Jawariya Fiduous	B.A-III	Jawariya
98	53	Khan Hanifa Jabeen	—"—	Hanifa
99	41	Syeda Shamama Ouj	—"—	Shamama
100	23	Sk. Ghousiya	B.A 3rd year	Ghousiya

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NSS Special Camp:2019-2020

"Self Employement"

Demo On

1.Candle Making

2.Detergent Powder Making

Shramik Vidyapeth

Aurangabad

ATTENDANCE SHEET

Date :24.01.2020 Session:Morning

Sr.No.	Roll No.	Names of the Students	Class	Signature
1.	01	Syeda Rumaiya yasmeen	B.A. II year	
2	07.	Sheikh Nazia	B.A. II year	
3	44	Afshan jabeen	B A II year	
4	60	Khan Sahariumnisa parveen	"	
5	02	Khan Tabassum Naaz	B.Sc III yr	
6.	01	Pathan Hadeen bi Anwar	—— " ——	
7	19	Shah Sana	—— " ——	
8	46.	Sameera Thakur	—— " ——	
9	51	Shaikh Tajun Fatima	—— " ——	
10	38	Shaikh Uzma Tajun	B.Sc II yr	
11	42	Saima Firdous Asad Patel	BSc III year	saima
12	14	Maniya Sahar Gulab Tabbaiya	—— " ——	
13	03	Shaikh Samra	—— " ——	
14.	40	Shaha Sano	—— " ——	
15	—	Sk Anam	—— " ——	
16	07.	Sk. Samra Fatima	—— " ——	
17	24	Saima Naaz Shaikh Nadeem	B.Sc. III year	
18	51	Syeda Nida Nehri	B Sc III yr	
19	32	Nagica Tabassum	—— " ——	
20	08	Tarannum Sk. Akhtar	—— " ——	

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NSS Special Camp:2019-2020

"Self Employement"

Demo On

1.Candle Making

2.Detergent Powder Making

Shramik Vidyapeth

Aurangabad

ATTENDANCE SHEET

Date :24.01.2020 Session:Morning

Sr.No.	Roll No.	Names of the Students	Class	Signature
21	04	Shaikh Iram fatema	B.Sc IIIrd yr	
22	31	Shaikh Rehana Ghous	—"—	
23	21	Shaikh Tahreem Bano	B.A IIIrd yr	
24	20	Shaikh Jameela fatema	B.A IIIrd yr	
25	37	Syeda Samar Naaz	B.Sc IIIrd yr	
26	23	Khan Ekliya Shaikat	B.Sc IIIrd year	
27	34	Sk. Ayesha	B.Sc IIIrd year	
28	27	S.K Anjum	B.Sc IIIrd year	
29	35	Shaikh Tabbasum Fatima	B.Sc IIIrd year	
30	54	Sana Kausar	B.Sc IIIrd year	
31	43	Syeda Sumaiyya fatema	—"—	
32	12	Sana Gohar	—"—	
33	38	Rakshanda Khan	—"—	
34	44	Syeda Ainul fatema	—"—	
35	52	Shabana Abdullah Khan	B.Sc IIIrd yr	
36	09	Mirza Tasmiya	—"—	
37	33	Mir Sakina	—"—	
38	05	Shruti Waghmare	—"—	
39	06	Khan Jayada	—"—	
40	30	Syeda Farheen Anjum	B.Sc IIIrd Year	

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41	65	Lubna Kouser	B.A III year	[illegible]
42	51	Iman fatema	B.A III year	[illegible]
43	24	Sana Kausar	—"—	[illegible]
44	34	Shikin Fatema	—"—	[illegible]
45	46	Shaikh [illegible]	B.A III year	[illegible]
46	61	Sanniya bano	B.A III year	[illegible]
47	25	[illegible]	—	[illegible]
48	12	Shaikh Ishrat	B.A III year	[illegible]
49	17	Muskan Sayyad	"	[illegible]
50	45	Shaikh [illegible]	"	[illegible]
51	55	Pathan [illegible]	"	[illegible]
52	33	Shaik Nishat	B.A III year	[illegible]
53	43	Iqra Qureshi	—"—	[illegible]
54	13	Zeba Shaikh	—"—	[illegible]
55	49	Khan Sana Kausar	B.Sc III year	[illegible]
56	27	Nishat Tabassum	B.A III year	[illegible]
57	06	Baig Tuba Kauser	B.A III year	[illegible]
58	03	pathan Tamanna	—"—	[illegible]
59	02	Sayed Romisa	BCS III yr	[illegible]
60	01	Rida Patel	BCS III yr	[illegible]

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61	29	Saniya Fatema Shakeel	B.Sc-III year	Saniya
62	50	Jawariya Firdous	B A -III yr	Jawariya
63	56	Sk. Adiba Anjum	B.Sc-III year	Adiba
64	17	Asshiya fatema	" — " —	Asl
65	58	Shaikh Amlul Saimakawsar	B.A 3rd yr	Amlul
66	18	HUMAIRA TABASSUM	" "	Humaira
67	66	Summaiya Kohakashan	B.A-3rd year	Summaiya
68	53	Khan Hanifa Jabeen	— " —	Hanifa
69	06	Khan Sana	B.Sc III	K Sana
70	53	Bin Mazi Zaheda	B.A-III yr	Mazi
71	43	Tahiya Khan	— " —	Tahiya
72	41	Syeda Shamama Faruj	" — " —	Shamama
73	08	SK. Arzoo	B.A 3rd yr	Arzoo
74	10	Khan Zareen	" "	Zareen
75	51	Fatima Fakhruddin	B.A-III rd yr	Fatima Fakh
76	16	Syeda Nasrin fatema	B.A — 3rd yr	Nasrin
77	21	Atiebi Bushra Abdullah	B.Sc III yr	[illegible]
78	54	Khan Amrin Fatima	B.A III yr	Amrin
79	28	Saniya Firdous	B.A - III yr	Saniya
80	26	Kausar fatima	" "	Kausar

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81	48	Saba Anjum	B.A-3rd	Saba
82	13	Azmi Sara Anam	B.Sc-3rdyr	Sara
83	73	Sk. Kameera Syed	B.A-III year	Kameera
84	68	Shaikh Uzma Firdous	" " "	Uzma
85	71	SIMRN Mand	B.A - IIIyr	SIMRN
86	69	Mizbha Naaz	" "	Mizbha
87	31	Fatima Hyder Razvi	— " —	Razvi
88	74	SABA Quadri	B.A-3rdyr	SABA
89	72	Shaikh Afsin Dilawar	" — " —	Afsin
90	67	Lahra Fatima	" — " —	Lahra
91	70	Afroz Khan Younus	" "	Khan
92	16	Khan Tasha	B.Sc-III	Tasha
93	56	Farzana Sayyad	B.A-III	Farh
94	57	Khan Hafsa Bano	" — "	Khan
95	30	Hamna Tehreem	" "	Hamna
96	25	Shaikh Sumaiya Shamim	B.Sc.-IIIyear	Shamim
97	20	KHAN SABA FIRDOUS	" — "	SABA
98	39	Syed Nargis Ali	" — "	Nargis
99	62	Syed Hiba Sabahat	B.A-III	Sabahat
100	22	Khan Afreen Aqsa	B.Sc.-III	Aqsa

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PR
Dr. Rafiq Zak
Navkh
AUR

Inaugural function of NSS Special Camp Dr. Maqdoom Farooqui, Principal felicitated by NSS Programme Officer

Dr. Maqdoom Farooqui Presidential Address

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Dr. Maqdoom Farooqui, Principal Tree Plantation

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Women Self Grooming

1. Fitness
2. Self Grooming
3. Healthy Life Style

Personal grooming helps in enhancing individuals self esteem and also goes a long way in developing an attractive personality. Proper grooming and professional appearance are important to gain not just positive impression but also respect in the work place. First impression matter and the way you look and carry yourself create inspect on people you get along with in the work setting.

Good grooming means practicing good hygiene techniques. Good grooming includes showering and having neat and cleaned trimmed fingernails. It also includes having brushed teeth and clean clothes. It is personality development, presentation skills, dressing skills. In short personal grooming helps you reinvent yourself and be more confident.

- They feel extra confident about themselves
- They radiate a sense of self esteem
- They can make lasting impressions
- They are more likely to draw positive attention

ATR:

- Clothes and manners do not make a man but when he is made, they greatly improve this appearance
- Whether this is real or imaginary the more important fact is that your appearance influences the opinions of every one around you
- Your professionalism, intelligence and the trust people form in you is mainly due to your appearance.

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Disaster Management

(Fire Brigade)

Fighting fires and protecting people and property from fires, rescuing people from road traffic accident and dealing with other specific energies, such as flooding or terrorist attack.

The role of fire services is very crucial in any emergency. The main duties of a full time fire fighters are to help protect the public in emergency situations.

Aim:

- Fire prevention to educate the girls to take precaution to prevent potentially harmful fires and be educated about surviving them.
- To study proactive method of reducing emergencies and the damage caused by them.
- To discuss fire protection and fire safety
- To learn the ways to prevent fire accident
- To learn how to prevent a house fire
- To reduce or avoid the potential losses from hazardous, assure prompt and appropriate assistance to victims of disaster and achieve rapid and effective recovery
- To raise public awareness and conduct periodical efforts to rescue operations
- To educate the girls
- Fire fighting in case of fire accidents

ATR:

- Student learnt to avoid unattended or careless use of candles.

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- Keep B.B.Q. grills 10 feat from the house
- Do not disable the house smoke or codetectors
- Do not smoke indoors
- Do not leave your cooking unattended
- Keep the stove and oven clean
- Maintain electrical cords
- Be careful

Disaster Management: Mr. Naim Khan

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Explanation & Working of Fire Extinguisher Mr. Naim Khan

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Safety of Girls

Aim:

- To train and support girls living in communities to engage with community safety issues.
- To promote gender perspectives on community safety policy and practice
- To increase womens and girls feelings of safety in the city
- To increase girls confidence
- To involve girls as active participants in the change process
- To improve community safety with girls in urban environments.

Girl's education promotes sustainable development. When girls gain access to education they acquire important knowledge. They give them greater potential for employment and income earning as adults.

Dr. Maqdoom Farooqui, Principal felicitating Mrs. Sneha Korwad PSI

Scanned with CamScanner

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Mrs. Sneha Korwad (PSI): Cyber Crime

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Nutrition Soup Making

On 23rd January 2020 we have organized the session of nutritional soup making. The Home Science Department was involved. Mrs. Fahmeeda Farooqui, Head and Mrs. Syeda Hafeeza gave the material used for soup making of

1. Tomato Soup
2. Chicken Manchow Soup
3. Clear Veg. Soup
4. Clear Chicken Soup

The preparation was made before the students and NSS volunteers whole heartedly participated in this event.

Aim:

- To help the volunteers to eat balanced meal
- To cook and retain the nutritive and flavoring ingredients
- To know the advantages of cooking
- Self employment / business

ATR:

- NSS Volunteers learnt the procedure and ingredients of various types of soup making
- Learnt the nutritional and balanced diet and how it helps to maintain the healthy body
- As a self employment and start the business of Hotels and stand on own feet

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Women Empowerment

On 23rd January in Afternoon session Dr. Jayshree Godse, Ex Head, Dept. of Home Science, Government College of Arts & Science, Aurangabad was invited as the resource person for grooming the girls.

Aim:

- To implement women's education for the attainment of equal status of women in all aspects of social, political and economic development within the community and to maintain at large.
- To educate the volunteers on the rights of women and the means of enforcing such rights for the achievement of equality development and peace
- Advance the idea of women as active participants in politics and national development
- To facilitate social transformation for the full and effective participation of women at all levels of society

ATR:

- Learnt to know various types of empowerment
- Know about the various women's law

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Entrepreneurship Development

We have started our day of 24th January 2020 with Yoga and Meditation. In the first session we had invited Mrs. Nazmusaher for developing entrepreneurship in our NSS Volunteers for detergent powder making.

Aim:

- To make NSS Volunteers successful entrepreneur.
- To boost their confidence, dynamic approach, dedication, leadership decisions making in our girls as an entrepreneurs.
- To provide knowledge of detergent powder and candle making to our girls
- To make them successful business women
- To create awareness about availability of resources
- To promote local industries to bought up by our girls.

ATR:

- Volunteers came to know about the various small scale industries, cottage industries in Aurangabad
- Confident to start up small business and get self employed
- Got through knowledge about preparing the detergent powder and candle making

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Photography

(Hobby & Self Employment)

On 25th January 2020 we have organized a lecture of Mr. Samir Khan wildlife photographer. In his talk he tried to encourage our students towards photography as their hobby in photography and also to start up their business in photography. Now a days many of the people are expecting ladies photographer on the occasion of various family functions like marriages, pre-wedding. Therefore women are having bright future in photography.

Aim:

- To learn about the types of photography
- To know the photography contest
- To develop hobby of a photographer
- Students to learn to see both with eyes and cameras and take photograph
- To make students aware in digital technology
- To become a best photographer and start their own business of photography (women photographer)
- To develop students interest in photography concentration and demonstrate a mastery in digital photography

ATR:

- Various types of photography was learnt by our students
- Learnt to develop one of the hobby at least and enjoy their leisure time
- To understand the business startup as women photographer
- Come to know that through this profession they can earn and get self employed and also develop their hobby and spend quality time with owns satisfaction.

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Awareness on Diabetes

On 25th January 2020 Dr. Archana Sarda, a Diabetologist was invited to create awareness regarding the diabetes. Riebetes Mellitus is a serious disease that occurs when your body has difficult properly regulating the amount of dissolved sugar (glucose) in your blood stream control follow a diet and kidney disease management. Balance your carbohydrate intake. Main a healthy weight. Diabetes is a chronic condition associated with abnormality high levels of sugar glucose in the blood. insulin produced by the pancreas and lowers blood glucose. Absence or insufficient production of insulin, or an ability of the body to properly use insulin causes diabetes.

Aim:

- To raise awareness about the importance of diabetes as a global public health problem
- To act as an advocate for the prevention and control of diabetes
- To have an understanding of the different types of diabetes and their risk factors
- To promote awareness of mellitus and diabetes care
- To have knowledge of the symptoms of diabetes
- To know good diabetes control

ATR:

- Learnt about the complications of diabetes mellitus
- Knew about the various types of diabetes its cause and control
- Balanced diet plan for diabetic patients
- Understood diabetes mellitus type 2 and its treatment

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Dr. Rafiq Zakaria College for Women

Navkhanda Palace, Jubilee Park, Aurangabad

Date: 25.01.2020

REPUBLIC DAY CELEBRATION
26th JANUARY 2020
PROGRAMME
"FLAG HOISTING"

Sr. No.	Programme	Event	Institute
1	Ms. Reens Shaikh (B.Sc. III Year)	Speech	Dr. Rafiq Zakaria College for Women
2	Aunty Dance of Mix Culture	Dance	Rose Academy for Toddlers
3	Hai Preet Jahan Ki Reet Sada Main Geet Wahan Ke Gaata	Song	Habiba Urdu School
4	Skit on Phulwana Attack (Teri Mitti Dance IX / X Girls	Skit	Model High College
5	Hindustan Zindabad	Song	Model D.Ed. College
6	Maiyra Mariyam of KG (A)	Speech	Rose Academy for Toddlers
7	Shaikh Talha of Prep. C	Poem	Rose Academy for Toddlers
8	Sabse Age Honge Hindustani (B.Sc. III Year)	Song	Dr. Rafiq Zakaria College for Women
9	Shaikh Faqudes of K.G. (C)	Speech	Rose Academy for Toddlers
10	Jai Ho – Karbar Maidan Fateh (VIII A Girls)	Dance	Model High School
11	Salam India	Song	Model D.Ed. College
12	Sandese Aate Hai (Std. VI & VII Boys)	Dance	Habiba Urdu School

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13	Fancy Dress on Great Personality	Fancy Dress	Model High School
14	Ve Vatan Vatan Mere Adad Pahc (B.A. III Year)	Song	Dr. Rafiq Zakaria College for Women
15	Ms. Pathan Afreen (B.A. III Year)	Speech in Marathi	Dr. Rafiq Zakaria College for Women
16	Primary Remix	Dance	Model High School
17	Primary Remix	Speech in English	Model D.Ed. College
18	Sare Jahan Se Aacha Hindustan (KG)	Dance	Habiba Urdu School
19	Address of Principal	Speech	Dr. Maqdoom Farooqui Principal Dr. Rafiq Zakaria College for Women, Aurangabad
20	Vote of Thanks		Shaikh Zeba (B.A. III Year)
21	**Comparing by Ms. Mir Sakeena**		

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(Dr. Maqdoom Farooqui)
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Poster Exhibition on Awareness on Various Diseases

On 25th January 2020 in the second session Dr. Archana Sards, a renowned Diabetologist was invited. Dr. Sarda has an NGO "Udaan" for the persons to reduce the stigma linked to the symptoms and treatment of cancer.

Her NGO helps to educate the public about specific preventage career. Breast cancer is rapidly rising amongst women and is the most common type of cancer in India. Early detection is essential in its management and treatment. Due to ignorance, fear and council stigma many women present with stage III and IV cancer which requires surgery and extensive treatment of detected early then in most cases there will be less aggressive treatment and better chances of recovery.

Aim:

- To create awareness of cancer, skin disease, bone marrow disease, tuberculosis, AID's
- To help the students to recognize the early signs and symptoms of cancer
- To inform students about the importance of cancer check-ups at early stages
- Breast cancer awareness symptoms and treatment
- Breast awareness and screaming for breast cancer in women
- Inform students the importance of regular screaming and check ups

ATR:

- Learnt about the detection, sign and symptom of breast cancer
- Understood the cervical cancer in women (sign, symptom, causes, diagnosis and treatment)
- AID's – causes, symptom, diagnosis and treatment
- Health centres for treatment of AID's
- Learnt about Mammography

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Marriage Counseling

On 27th January 2020 Maulana Abdulla Marconi was invited to talk on Marriage Counseling. In his talk, he said that both the partners should develop a positive mindset in relationship so that if problem do persist there is a way to go about resolving them without resulting to separation. It is the focus of the counselor to recognize the partners values and history. He said that the couple should have daily conservation, strive to become each others best friend, support each other goals and dreams.

Marriage counseling is most effective and important for marital concern because counseling helps to take right decision regarding selecting their life partners which parameters should be considered for selection;

Aim:

- To know the realistic relation goals
- Recommendations to consider before choosing a life partner
- How to choose partner wisely
- Importance of marriage counseling

ATR:

- Learnt about the various recommendation for choosing a life partner
- Students understood the need of marriage counseling
- Benefits of counseling
- Studied various type of premarital counseling
- Importance of family counseling
- Marriage guidance to our students

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Valedictory Function

Our NSS Unit's Special Camp Valedictory Function was organized on 27th January 2020 in our college campus.

Dr. M.D. Jahagirdar, NAAC Co-ordinator and Advisor Vice Chancellor, Dr. Babasaheb Ambedkar Marathwada University, Aurangabad, Dr. Gaikwad, Ex-Director, Higher Education. Govt. of Maharashtra were the Guest.

The programme started with Nath blessing of Almighty God.

Dr. Jahagirdar, guided our students on their future and career which will hep them to become a good citizen of our country.

Dr. Gaikwas interacted with our students about self employment and start up their career as Entrepreneurs and skilled small scale industries as skill India is the motto of our Prime Minister Mr. Narendra Modi.

The students Ms. Zeba Shaikh, Ms. Wafa, Ms. Rina Shaikh gave their feed back on the 7 days of special camp.

The programme ended with the presidential address of our esteemed Principal, Dr. Maqdoom Farooqui.

Prof. Vidya Pradhan, Vice Principal, Dr. Megha Rai, NSS Programme Officer took the efforts of organizing this special camp in our college campus as our campus is a Minority Muslim Women's College.

The programme ended with the National Anthem.

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Workshop on Corona Virus Awareness

Aims & Objective:

- Corona virus: All students need to know about the symptoms and risk.
- What is being done to stop it from spreading
- Symptoms of corona virus and its complications
- Sources of virus
- Spread of virus
- Origin of virus and its testing
- To know Middle East Respiratory Syndrome (MERS) MERS COV
- To know measures to control spread of novel corona virus

ATR:

- Students came to know about MERS includes fever, cough, shortness of breath, pneumonia is common, gastro intestinal symptoms including diarrhea is reported.
- To stop this virus from spreading, we should not avoid going to public places. People are restricted to travel to foreign countries via China, Japan, London, Thailand etc.
- Students were given the knowledge regarding the source of this virus. The MERS may have originated in bats and was transmitted to camels in the distinct part.
- MERS – COV is a zoonotic virus meaning it is transmitted between animals and people. This has been identified in camels.
- Control measures:
  a. Avoid close contact
  b. Frequently clean hands
  c. Avoid touching eyes and nose
- There are no available treatments for any human corona virus.

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Report

Our college NSS unit organized One Day National Workshop on "Corona Virus Awareness" on 17th February 2020 in our college campus.

This workshop was organized for the students and their mother's to create awareness regarding the threat of corona virus. More than 110 students (from Junior and Senior College) and 50 – 60 parents participated in this event.

Our Principal, Dr. Maqdoom Farooqui was very much interested and keen to organize such awareness workshop for our students and also parents and with this concern it was decided to organize this awareness programme.

Dr. Radhodkar, Medical Officer, Aurangabad Municipal corporation was invited as Resource Person who has the authenticity to interact with our students.

Dr. Rathodkar very efficiently and interesting cleared all the doubts of parents and students.

In his lecture he cleared all the misconception regarding this new threat of corona virus.

Corona virus is one of a member of viruses that causes disease in mammals and birds. In humans this virus causes respiratory infections, including common cough and cold which are typically mild.

Symptoms vary in other species:

In chicken they cause upper respiratory diseases. In cows and pigs corona virus causes diarrhea.

There are no drugs to prevent or treat human corona virus infection. Corona virus can be transmitted between humans through respiratory droplets that infected people expel when they breathe, cough or sneeze.

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Those who catch a common corona virus usually recover on their own and can all the process by taking pain and fever medications, using a humidifier, taking hot shower, drinking plenty of fluids and staying homes to rest.

Doctors can treat their patients for corona virus infection by analyzing respiratory specimens and serum isolated for their blood according to CDC.

Doctors also suggested that a typical surgical mark cannot block out the viral patients contained in these droplets but simple measures such as washing your hands, disinfecting frequently touched surfaces and objects and avoiding touching your nose, face, eyes-mouth can greatly lower your risk of infection.

The lecture was very informative and simple to understand. Students very curious questioned the doctor and were very satisfied.

Dr. Vidya Pradhan & Dr. Megha Rai has taken the efforts of organizing this workshop which was very beneficial to all.

In the end information pamphlets were distributed to the parents and student and the workshop ended with National Anthem.

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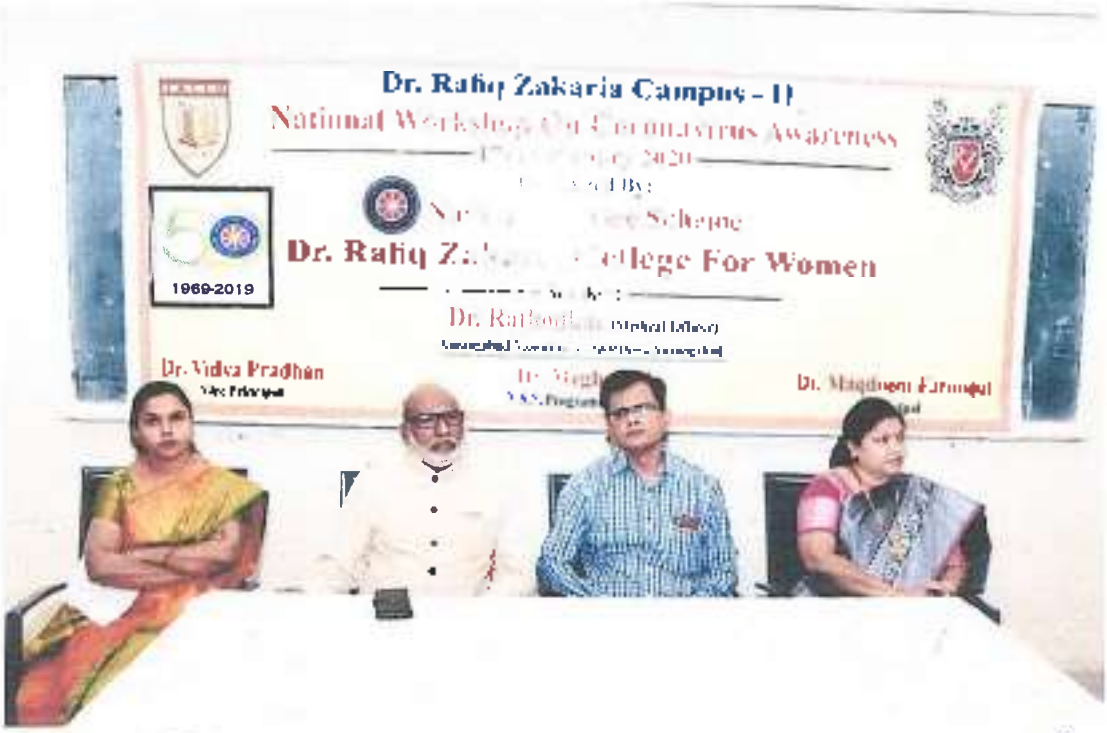
Dr. Maqdoom Farooqui, Principal felicitating Dr. Rathodkar (Medical Officer) Aurangabad Municipal Corporation, Aurangabad

Principal, Guest and NSS Programme Officer's at the National Workshop



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Prof. Sumia Fatima felicitating Principal, Dr. Maqdoom Farooqui

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Dr. Maqdoom Farooqui, Principal giving Presidential Address

Dr. Maqdoom Farooqui, Principal Interaction on Corona Virus Awareness

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Awareness on Corona Virus by Dr. Rathodkar

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Prof. Vidya Pradhan: National Workshop on Corona Virus

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Dr. Rathodkar: Causes, Symptom and Spread of Corona Virus

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Ek Bharat Shreshthe Bharat

Aims:

- To actively enhance interaction between people of diverse culture living in different states and union territory in India with the objective of promoting greater mutual understanding amongst them.
- To celebrate the unity in diversity of our Nation and to maintain and strengthen the fabric of tradionally existing emotional bonds between the people of our country.
- To promote the spent of national integration.
- To show case the rich heritage and culture, customs and traditions of other state for enabling people to understand and appreciate the diversity that is India, thus fostering a sense of common identity.
- To create an environment which promotes learning between states by sharing best practices and experiences.

ATR:

- Students took efforts to know about the tradition and culture of Orissa state.
- Students studied the states wildlife sanctuaries, tourism places of Orissa which was really interesting (slide were prepared by group of 5 students and presented before all the students). It was a very interesting, knowledgeable activity of our students.
- Students also learnt about the sportsman, actors, writers, films of Orissa state.
- A very good attempt was made by our students to know about the Orissa state was a very wonderful and admirable activity.

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Report

Ek Bharat Shreshtha Bharat was announced by Hon'ble Prime Minister on 31st October 2015 on the occasion of the 140th Birth Anniversary of Sardar Vallabh Bhai Patel.

Through this innovative measure the knowledge of the culture, traditions and practice of different states and UT's will head to an enhanced understanding and bonding between the states. Thereby strengthing the unity and integrity of India.

Our college NSS unit organized this programme. All the NSS volunteers were gathered together and the need to celebrate this event was discussed. Total 120 students participated in this event. Group of 15 students were made and the topics like trade, tourism, wild life scanturies, culture, tradition, music, dance, famous writers, famous poets, actors, films, sportsman all this were given to NSS volunteers and they prepared the slide show on all the topics given very efficiently and also presented it in a very impressive way.

Really it was an very cheerful and rememberable moments of students enjoying the various slides prepared by their friends.

This was a very best attempt to bring the youngsters together and share the knowledge of every thing of other state.

Dr. Maqdoom Farooqui, Principal was very much happy to see the delightfulness of NSS volunteers sharing the songs and culture of Orissa.

We have all together achieved the aim of strengtheing our country. It is very rightly said.

India is a diverse country and yet united.

Long live the glory of our country India.

Bharat Mata ki Jay.

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Ek Bharat Shreshtha Bharat

Dr. Rafiq Zakaria College For Women Internal Quality Assurance Cell Aurangabad

Dr. Rafiq Zakaria College for Women Aurangabad

Aim:

- To celebrate the unity in diversity of our nation
- To promote the spirit of national integration through a deep and structured engagement between all Indian states and union territories.
- To showcase the rich heritage and culture and customs and tradition of either state for enabling people to understand and appreciate the diversity that is India thus fostering a sense of common identity.

Report

There is no country like India, quite as diverse multilingual and multi cultural, yet bound together by the ancient bounds of shared traditions, culture and values. Such bonds need to be strengthened through enhanced and continuous mutual interaction between people of varied region and ways of life so that it encourages an enriched value system of unity amongst people of different states in a culturally special country like India.

Our Principal, Dr. Maqdoom Farooqui delivered the speech and had an long interaction of our NSS volunteers regarding this mission of Hon'ble Prime Minister on 31st October 2015 on the occasion of the 140th Birth Anniversary of Sardar Vallabhbhai Patel. It aims to actively enhance interaction between people of diverse culture living in different states and UT's in India.

In the programme each year every state / UT's would be paired with another state / UT's in India for reciprocal interactions between the people. It is envisaged through this exchange, that the knowledge of the language, culture, traditions and practices of different states will lead to an enhanced.

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This year Maharashtra was paired with Orissa. 10 groups of NSS volunteers were formed and 5 students were in a group. They were given topics like culture, tradition, flock dances, tourism, metered biodiversity, famous writers, novelists, film actors, national parks.

All the 10 groups were given 10 days to prepare their presentation and slide show of the topic given. All the students presented their presentation in an very excellent ways. It was really a very knowledgeable, effective and enjouable mission to know India.

ATR:

- Students learnt Orissa is famous for the temple city Bhubaneswar cutla etc spiritual city Puri.
- Traditional dress of the men of Orissa is dhoti and kurta and women were saari.
- Mother tongue – Oriya or odia language
- National fund, culture of Orissa
- Famous dance classical dance form
- Fakir Mohan Senapati father of Odisha language
- Durga pooja is important festival
- Speciality of odisha includes national parks and wild life, unpolluted beaches, traditional music and dance, handicraft, tribal culture and Buddhist realize.

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Dr. Vidya Pradhan (NSS Programme Officer) Ek Bharat Shreshtha Bharat

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Famous Authors / Writers of Odisha

Festival Celebrated in Odisha

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Ek Bhahar Shreshtha Bharat students giving presentation on life of Odisha people

Ms. Rubeena Shaikh of B.A. III Year student presenting the folk dances of Odisha

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Ms. Anireen Pathan B.Sc. III Year presentation on mimous personality

National Park & Sanctuaries of Odisha

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Canteen Day

Swachhata Bharat Abhiyan

Aim:

- To solve the sanitation problem and waste management in India by ensuring hygiene across the country.
- Prime objective of the mission is to create sanitation felicitation
- To eliminate or reduce open defecation
- To achieve the vision of a Clean India
- To Clean India and remove its dirt and dust
- To learn the role of student in this mission

Report:

Our college NSS unit always strives very hard to maintain our college campus clean and healthy. In our campus we have more than 5000 students but yet it is very clean. The credit goes to the Principals, Teaching and Non-Teaching staff. They are always on their toes and after the children of the institutes of the campus.

Many awareness campus lectures are taken to inculcate this habit of maintaining the campus clean. The students are also guided regarding cleanliness in their homes and also their surroundings. On 15th August or 26th January play, acts and skit are organized to create awareness regarding cleanliness.

The main event on swachhata was the canteen day which was organized on 1st February 2020. All the NSS volunteers and NSS Programme Officer held a meeting and a strategy was decided to meet under the Ritha tree and then start the

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mission of cleanliness. The whole day the students were busy with the canteen selling their items, collecting money, interacting with friends and family members.

The canteen day winded at 5 pm, then all the NSS volunteers gathered at the decided place and then started the mission of the Abhiyan Groups of students were formed and particular area was given to then and two non-teaching staff also participated in each group and with in 1 ½ hour the whole campus was clean and tidy.

The NSS volunteers enjoyed the event and also appreciated their own efforts of cleaning the campus which was very dirty, this was a very remarkable and memorable event for us all.

Dr. Maqdoom Farooqui congratulated all the students and teachers and non-teaching staff for the cleanliness work.

We all had a tea and left for homes.

ATR:

- Minor things like don't utter, throw waste in dustbin only. Don't encourage spitting, immediately condemn people if found doing so.
- Avoid usage of plastic covers, plastic disposals
- Role of student acting like Ambassador of cleanliness and motivate others to keep their homes, schools and surrounding clean.
- Motto: Swachh Bharat, India initiate in the form of mission focusing on improvement in cleanliness and hygiene in areas around us.
- Always carry small paper bag segregate waste at homes in three separate bins bio degradable, recyclable and others.

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Healthy Body has a Healthy Mind

Fit India

Aim:

- At behavioral changes from sedentary life style to physically active way to day to day living.
- Encourage people to start increase physical activity and sports in their everyday life.
- To do exercise on daily basis
- To involve the all family members in the exercise and physical activities.

ATR:

- Learnt the exercises to do in the morning
- Involvement of family and friends and do daily walking and pranayam regularly
- Balanced diet meals should include fiber, proteins, starch, fat in the diet.

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Report:

Our college has celebrated the "Fit India" programme on 29th August. Our Principal, Dr. Maqdoom Farooqui addressed the gathering of NSS volunteers in his speech he said that we are getting more and more busy in our daily life. We hardly have time to exercise or we hardly walk around ever 500 meter in a day. This human laziness is in many problem like heart attach, diabetes, fats gain, strain etc. So in order to remove this laziness and disease PM Modi has launched "Fit India Movement" on the occasion of National Sports Day i.e. 29th August. PM Modi has addressed the gathering on this occasion and urged citizens to do exercise on daily basis.

Sir suggested walking daily instead of taking auto or bike for short distance. Some fitness experts have created this Fit India Movement a new era of fitness revolution. UGC has also taken steps and involved Higher Educational Institutes in the country to take pledge (mass awareness) should also be created.

Dr. Maqdoom Sir also paid tribute to Major Dhyanchand and celebrated the National Sports Day on our campus.

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Rangoli Fit India Healthy India

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Fit India Healthy India

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Principal, Staff & Students: Fit India

NSS Volunteers: Fit India

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Dr. Maqdoom Farooqui, Principal and NSS Volunteers: Rangoli on Fit India

Fit India

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Rally on Fit India Walaton 2020

Principal, Staff & NSS Volunteers in Rally

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Rally: Fit India Walkathon 2020

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Fit India: Walkathon (Rally) 2020

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Constitution Day Celebration

On 26th November 2019 our college NSS unit celebrated the Constitution Day. The constitution is important because it protects Individual Freedom and its fundamental principles govern the constitution places the government's power in the hands of the citizen. It limits the power of the government and establishes a system of checks and balances. It is also celebrated as the National Law Day every year as it is the anniversary of the adoption of constitution by the Indian Constituent Assembly in 1949 and it came into effect on January 26, 1950 which is celebrated as Republic Day. The constitution was written using 5 main principles. These principles were popular sovereignty, separation of power, rule of law, checks and balances and fedelism.

Our college Principal, Dr. Maqdoom Farooqui in his speech explained the meaning of preamble is a brief introduction to a speech, like the preamble to the constitution that starts out "we the people of India". The main objective in the preamble is to eliminate social, economic and political inequality in society.

In the open theatre all the teaching, non-teaching staff and students gathered and there was mass reading of the preamble. All were give the preamble. It was an very prideful movement and for all of us. The programme end with the National Anthem.

Aim:

- To publicize the glorious and rich composite culture and diversity of our nation.
- To create awareness of fundamental duties as enshrined in the Indian constitution.
- To study the basic principles of the constitution

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- Meaning of preamble and its importance.
- To bring awareness about the importance of the constitution.

ATR:

- Students learnt the fundamental rights in India, Right to Equality, Right to Freedom, Right against Exploitation, Right to Freedom of Religion, Cultural and Education Right and Right to Constitutional Remedies.
- Also constitution is important because it protects individual's freedom.
- The preamble to the constitution of India is very important because it contains the ideals and the basic underlying principles of the constitution.
- The preamble shows the way to government ought to run and it declares India to be a sovereign, socialist, secular, republic.

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Pledge on Constitution Day, Principal

Constitution Day Celebration

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Distribution of Preamble: Celebration of Constitution Day

Principal, Staff & Students Celebration of Constitution Day

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Principal, Staff & Students: Oath on Constitution Day

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Pledge on Constitution Day: Mass Reading of Preamble

Mass Reading on Preamble on Constitution Day

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Divyang Diwas Celebration

Report

Our college NSS Unit has organized a visit to Divyang Diwas on 5th December 2019. Visit was organized to Divyang School runned by Prerna Trust, Near Rangeen Darwaza, Aurangabad.

Our Principal, Dr. Maqdoom Farooqui, Mr. Abdul Hussaini, Honarary Secretary, Prerna Trust, Aurangabad, Mrs. Salunke Madam, Social Welfare Dept., Zilla Parishad, Aurangabad, Shri P.P. Patil (working secretary), Shri M.P. Patil, Instructor Craftsmen, Dr. Vidya Pradhan, Vice Principal, Dr. Megha Rai all the students of Dr. Rafiq Zakaria College for Women and Divyang School Students were present on this occasion.

This event was organized to mark the celebration of Divyang Diwas to encourage and inspire them and spend sometime to know them. It was an very heart touching experience.

Prerna Trust was founded by Mrs. Nalini Ranganathan wife of Divisonal Commissioner, Aurangabad and Mrs. Vasanti wife of Collector, Aurangabad in 1981 these women converted Ladies Club into Prerna Trust.

Since 1981 physically challenged persons were given jobs in chalk making and washing powder make.

Since 1983 three courses were started i.e. craft teacher, wire men, tailoring and cutting.

This institute was recognized by Vocational Education Board, Mumbai. Pre course 20 candidates are admitted.

This institute has completed Major Project of file making which is the uniqueness as in this year only 4 lakh 30 thousand files were prepared and 80 lakh rupees were earned and all the students of Prerna Trust was benefited

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economically. These files were supplied to Industrial Court, Session Court, Mantralaya. 7 lakh rupees were given as stiffened. Vocational Training is given to them.

Our Principal, Dr. Maqdoom Farooqui felicitated all the Divyang students with flower to encourage and support them.

The students appreciated the felicitation done and had refreshment with our staff and students.

Aim:

- To develop confidence in the minds of all type of mentally / physically challenged children.
- To motivate them to face the daily activities and
- To gain an awareness of disability
- At increasing public awareness understanding and accepting people with disability.
- To promote compassion and acceptance of disability and provide respect to them.

ATR:

- Students understood the importance of the celebration with this disabled persons.
- Students enjoyed with these peoples and learnt which courses we runned.
- Knew about the functioning and working of the Prerna Trust runned for the disabled persons.

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AID's Rally

World AID's Day takes place on 1st December each year. This year on 30th November 2019 the rally was organized from Kranti Chowk to Sanskruti Mandal. 25 NSS Volunteers participated in this rally. Dr. Sapkal from Govt. Medical College was guiding the students. Its an apportunity for people world wide to unite in the rally against HIV to show support for people living with HIV and to commemorate those who died from AID's related illness.

Aim:

- To create awareness on what is AID's
- To raising awareness of the AID's pandemic caused by the spread of HIV infection and mourning those who died of the disease.

ATR:

- Various preventive measures to control and prevent AID's and HIV
- Learnt the testing, treatment and care.

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Paper Bag Making

Dr. Rafiq Zakaria College For Women Internal Quality Assurance Cell Aurangabad

Dr. Rafiq Zakaria College for Women Aurangabad

Aim:

- Purpose of a paper bag
- Why should we prefer to use paper bags rather than the plastic bags
- Advantages of paper bag use
- Encourage students to make the shift away from plastic to paper bags
- To bring about a change in behavior to stop use of plastic bag and also create awareness among the people around them also.

ATR:

- Awareness was created in students regarding purpose of paper bag they learnt they are recyclable, bio-degradable environmental friendly, inexperience and practical to use.
- Students learnt the advantages of paper bags i.e. paper bags present less of a suffocation risk to young children and animal
- It is better to use paper bags as plastic is non-biodegradable as it cannot be broken down into suppler by organism. It can effect our environment.

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Mrs. Najmus Seher (Jan Shikshan Sansthan) demo on Paper Bag Making

Paper Bag Making: Say No To Plastic

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Mrs. Najmus Saher giving demo on Paper Bag Making

Demo on Paper Bag Making (Say no to plastic)

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Celebration of Gandhi Jayanti

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Say No To Plastic

Aim:

- Focused on heating plastic pollution
- Problems plastic causing
- To aware the students regarding the most harmful effect of platic
- Use of plastic causes damange to the environment
- How to control plastic
- Why plastic bags are bad for use

ATR:

- Students were given ways to reduce the plastic waste like
  a. Stop using plastic straws even in restaurant
  b. By boxes instead of bottle
  c. Purchase food like cereals, pasta from bulk bins and feel a reusable bag or container
- Awareness was created regarding the plastic affects human health.
- Harmful chemicals – plastic are made out of refined crude oil and contains chemical
- Polythene harmful to humans (often used in food handling it could be toxic)
- Exposure to chemicals in plastic. Some chemicals such as Bisphenol A (BPA) may cause cancer

5 Ways:

1. BYOB – An environmentally sound slang
2. Throw a plastic free part

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3. Break away from the shackles of plastic packing
4. Switch from bottled water
5. Stay away from "use & throw" plastic

Burning of plastic in the open air leads no environment pollution due to release of poisonous chemicals. This polluted air when inhaled by humans and animals affect their health and can cause respiratory problem.

Report:

Our college NSS unit organized the poster exhibition on 2nd October 2019. All the teaching, non-teaching staff and students participated in the event. 25 students prepared the posters on "Say no to Plastic". It was a very remarkable event as it was the hot topic of today and also to create awareness regarding the Ban on Plastic this event was organized.

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Oath on Drug Addiction

In our college, NSS unit has organized the lecture of Dr. Maqdoom Farooqui, Principal on "Drug Addiction" on 2nd October 2019 in college campus.

On this occasion our Principal gave oath to all the staff regarding the drug eradication.

Aim:

- To reduce the adverse health, social and economic consequences of drugs by minimizing or limiting the harm and hazardous of drug use for both the community and the individual.
- To know the importance of drug education
- Raising awareness about the danger of drugs.

ATR:

- Drug education is to slip substance abuse and addiction. It is important that the students should be consequences of drug addition.
- Learnt about the strategy to prevent teen drug abuse.
  a. Establish rules and consequences
  b. Know your teens friends
  c. Provide support
  d. Know your teens activities
- Learnt about the dangers of drug misuse.

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NSS Day Celebration

Workshop

On

Combating with Dengue and Chickenguniya

Aim:

- To reduce the burden of dengue
- Reduce mortality
- Effective way to control dengue
- Prevent dengue in one community
- Create awareness about dengue control
- To identify the arboviral diseases including dengue, chicken guniya
- To explore the factors affecting practice of dengue control in area

Report:

Our college NSS Unit has organized the workshop on "Combating with Dengue and Chickenguniya" on 21st September 2019 in our college campus.

Dr. Rathodkar, Medical Officer, Aurangabad Municipal Corporation, Aurangabad was invited to deliver lecture and have an open discussion on Dengue and Chickenguniya. He has narrated the knowledge related to dengue, knowledge related to Aedes mosquito and preventive measures against the disease.

The most common and effective malaria / dengue vector control strategies currently in use are based on insecticide indoor residual spraying (IRS) and long lasting insecticide treated nets.

Dengue fever is a mosquito borne disease transmitted by the Aedes mosquito. Sir, has show the photo of the mosquito and also gave some suggestions

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on identification, keep window and door screens closed reduces the risk of mosquitoes coming indoors.

Dengue fever is caused by any one of four types of dengue, viruses spread by mosquitoes that thrive in and near human lodgings. Personal protection and environmental management of mosquitoes are important in preventing illness.

To prevent dengue apply mosquito replant ideally are containing DEET. Apply it to exposed and clothing using enough to cover the enter area near long sleeves and long pants to cover arms and legs. Use mosquito net while sleeping.

Our Principal, Dr. Maqdoom Farooqui instructed our NSS Volunteers and students to spread this awareness among their families, friends, neighbours and relatives. Which will help in preventing from dengue. Prof. Vidya Pradhan and Dr. Megha Rai took efforts in organizing the event.

ATR:

- Students understood the control and prevention of dengue
- Knew the strategy to control malaria
- Identify the mosquitoes aedes
- Student understood the life cycle, treatment, control of dengue and chickengunya.

Dengue:

Aim:

- To know about most prevalent preventive measures
- To ascertain the sources of information regarding dengue
- Practices related to prevention against dengue
- Effective way to control dengue and chickengunya

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- Treatment and vaccines antibiotic
- Control of dengue
- Natural care of dengue
- Increase platelet count of dengue patient

ATR:

- Students learnt the ways to protect themselves from dengue
  a. Wear long sleeves shirts and long pants
  b. Treat clothes with repellents like permethrin
  c. Use EPA – registered mosquitoes repellent like DEET
  d. Use mosquito net
- Effective malaria and dengue vector control strategies use of insecticides, indoor residual spraying (IRS)
- No vaccine and no therapy for dengue
- Effective remedy is drinking papaya leaf juice.
- Add vitamin B9 or folate rich foods that my help to increase the platelet account.

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Dr. Maqdoom Farooqui, Principal felicitating Dr. Rathodkar, Medical Officer, Aurangabad Municipal Corporation, Aurangabad

Principal, Staff on the dias

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Dr. Rathodkar: NSS Day Celebration
Workshop on: Dengue Combating

Dengue: Causes, symptom and treatment Dr. Rathodkar, AMC, Aurangabad

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Dr. Rathodkar: Dengue Mosquito Slide

Interaction with students: Dr. Rathodkar

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Dr.Rathodkar, Medical Officer, AMC: Lecture on Chickengunya & Dengue

Breeding Sites of Dengue Mosquito

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Dr. Rathodkar: Combating with Dengue & Chickengunya

Life Cycle of Anopheles Mosquito: Dr. Rathodkar

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International Yoga Day celebrated on 21st June 2019

Aims:

- To raise awareness worldwide of the many benefits of practicing yoga
- To promote good mental and physical health of students through yoga
- To make students aware of physical and mental diseases and its solutions through practicing yoga
- To reduce the rate of health challenging disease all over the world
- To develop the habit of meditation among youngsters
- To learn the meaning and importance of yoga
- Principles of yoga
- Objective of yoga

ATR:

- Yoga is spiritual development practices to train the body and mind to self observe and become aware of their own nature. The purpose of yoga is to cultivate discernment, awareness, self regulation and higher consciousness in the individual
- Yoga helps to keep the internal organs in the body to function properly by increase oxygen and blood flow.
- To understand that they can enjoy more peace of mind and self awareness, which is essential for a stress free existence
- Yoga gives up the capacity to face up the life's challenges, when you respect your body; you tend to do things that will enhance its validity.
- Yoga helps to maintain the acid alkaline ratio

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- Yoga refers to the spiritual discipline that includes meditation, exercises, physical postures, breathing techniques done to improve physical, mental health, relaxation and overall well being of the individual.
- Yoga practices five basic principles
  a. Proper exercise
  b. Breathing
  c. Relaxation
  d. Diet and
  e. meditation

The body is the physical manifestation of a being, it is the shell that express and represents one's self.

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Dr. Rafiq Zakaria College for Women * Aurangabad *

Workshop on

Ek Mul Ek Jahad

Our college NSS unit organized this workshop "One Child One Tree" in collaboration with Forest Department and Zilla Parishad. The guest were Mr. Siddharth Venkatesh (Forest Dept.), Mr. Sufi Laque Ahmed (EDE Officer, ZP), Dr. Anjumand Quadri, Principal, Habiba Urdu School, Mrs. Shaikh Kauser, Principal, Model High School.

Our Principal, Dr. Maqdoom Farooqui was the President of the function. All of them planned for the Tree Plantation and conservation of these trees around us. To organize various programmes like tree plantation along the roadside.

Aim:

- To promote green ways towards tree plantation
- To teach and organize tree plantation programme for schools, colleges with the purpose of tree plantation
- To establish greenaries wherever possible
- To explain the objective of planting trees to students
- To promote protection, preservation of tree plantation

ATR:

- The participant teachers understood the programmes to conducted at school level to promote and motivate students for tree plantation.
- Undertake training, education and awareness activities in schools.

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Tree Plantation

Aim:

- The main aim of established green society of India to be a healthy world
- Environmental protection
- To make a pollution free earth
- To create environmental awareness among the students

ATR:

- Student learnt the importance of tree plantation and also protection and conservation for pollution free earth.
- Each student organized to least 3 plants and consume them
- 50 plants were adopted by our NSS volunteers and all 50 plants survived

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Clean India Mission

Swachhata Bharat Abhiyan on 15th August 2019

Aim:

- Being about an improvement in the general quality of life of people by promoting cleanliness, hygiene and eliminating open defecetion.
- To create sanitation facilities for all and maintain our physical and mental health, which will make use feel good.
- To create awareness to clean up the streets, roads, cities, towns
- To understand the role of student in this Abhiyan

ATR:

- Student learnt their role as the real Ambassadors of cleanliness and motive others to keep their homes, schools and surroundings clean.
- Imitate cleanliness our surrounding areas and make the drive a successful campaign
- This mission to clean India and remove its dirt and dust. This mission was the need for this country. People understood the importance of hygiene.

Report:

Our college organized canteen day on 1st February 2020 in our college campus. 10 stalls were given to student's class wise to teach the students the entrepreneurship and how to purchase and sell the items the canteen day was organized. It was the best practice of our college which is an opportunity of teaching and learning process of entrepreneurship.

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The NSS Volunteers were given the job of cleanliness after the event was over. To maintain the cleanliness and keep the college campus clean and healthy for the students.

All the NSS Volunteers whole heartedly participated in the event.

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15th August 2019

Independence Day Celebration

Programme

Flag Hoisting

(National Anthem)

Sr. No.	Programme		Institute
1	Dekho bacheho zenda payara	Song	Rose Academy for Toddlers
2	Ms. Anam Ali	Speech in English	Dr. RZCW, Aurangabad
3	Suno Gaur se Duniya Walo	Dance	Model School
4	Miss Mariya Maryam	Speech	Rose Academy for Toddlers
5	Aye Hamare Watan	Song	Model D.Ed. College
6	Siddiqui Saniya Fatima	Speech	Habiba Urdu School
7	Jai Ho	Song	Dr. RZCW, Aurangabad
8	Ghazi Azka Anam	Speech	Model D.Ed. College
9	Chodo Kal ke Bate	Song	Habiba Urdu School
10	Teri Mitti	Skit	Model School
11	Aye Watan Watan Abad Rahe tu	Song	Dr. RZCW, Aurangabad
12	Remix Songs	Dance	Model School
13	Aye Humare Watan	Song	Model D.Ed. College
14	Sandese Aate Hai	Lezuim	Model School
15	Address by Principal	**Dr. Maqdoum Farooqui** Principal, Dr. RZCW, Aurangabad	
16	Vote of Thanks	Ms. Insha Shaikh – B.A. III Year	
17	Comparing by	Ms. Shaikh Raena – B.Sc. III Year	

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(Dr. Maqdoom Farooqui)
Principal

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Dr. Rafiq Zakaria College for Women * Aurangabad *

Principal, Dr. Maqdoom Farooqui, Principals of all Institutes of Dr. R.Z.C.W. Campus II Celebration of 15th August 2019

Principal, Staff and Students at the Flag Hoisting Programme on 15th August 2019

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Dr. Maqdoom Farooqui, Principal: Tree Plantation in the college campus and NSS Volunteers helping the Principal

Dr. Maqdoom Farooqui, Principal Tree Plantation on the occasion of 15th August 2019

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Principal, Staff and NSS Volunteers planting trees on 15th August 2019

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Yuvati Parishad

On the occasion of Savitribai Phule Jayanti we have organized Yuvati Parishad to eradicate the superstitious beliefs. Most common are under continuous mental strain for various reasons. Today girls are tomorrow's wives and mothers and they shall face the problem in future. So they should not be exploited through superstitious.

The socialist of ANES works to oppose and agitate against harmful superstitious and rituals which misguides and exploits and also inculcate and propagate scientific out look, humanism and critical theory.

We have organized this workshop. Dr. Rashmi Borikar District President Maharashtra Andh Shradha Nirmulan Prof. Ajit Khojare Programme Officer Mr. Shahaji Bhosale, State Secretary, ANES, Dr. Aparna Ashtaputre MSANES, Mr. Bhaw Saheb Pathare, where the officer bearers of Maharashtra State Andh Shradha Nirmulan.

This workshop was organized in collaboration with NSS Open unit Dr. BAMU, Aurangabad and Maharashtra Andh Shradha Nirmulan Samiti which is an voluntary organization working through out of Maharashtra, Karnataka and Goa. It is a people and for the people.

Mr. Shahaji Bhosale spoke on "Eradication of Drug Addiction". He gave practical demo on "Smoking Worst Effect on Health". A short film on superstitious beliefs.

Aim:

- To inculcate and propagate scientific out look skepticism, humanism and critical thinking.

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- To encourage constructive and critical analysis of religion, traditions and customs.
- To appose and agitate against harmful superstitious and rituals which misguide and exploit
- Anti superstitious and black magic act.

ATR:

- Students learnt about the various anti superstitious and black magic act Maharashtra state.
- Various experiments were shown to them to eradicate the critical and superstitious beliefs.

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Dr. Maqdoom Farooqui, Principal felicitating Mr. Shahaji Bhosale, Secretary ANES

Dr. Maqdoom Farooqui felicitating Dr. Ashta Pure

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Mr. Shajai Bhosale effects of smoking on Human Body

Practical Demo on effects of Smoking on Human's

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Mr. Shahaji Bhosale: Drug Addiction demo on Smoking

Practical Demo on effects of Smoking Mr. Shahaji Bhosale

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Celebration of Savitri Bai Phule Jayanti: Yuvati Parishad

Dr. Aparna Ashtaputre, Asst. Prof. Dept. of Psychology, Dr. BAMU, A'bad

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Prof. Ajit Khojare (ANES) interaction with students

Mr. Shahaji Bhosale, Secretary, ANIS guiding students on Drug Addiction

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Phenyl Preparation

Aim:

- To learn to prepare phenol
- To know the chemicals used in preparation of phenol
- Procedure of preparing phenyl
- To train students to prepare phenol and get self employed

On 24th September 2019, NSS unit organized the workshop on phenyl preparation. Dr. Vidya Pradhan gave the procedure of prepare phenyl which is used as an oral analgesic or anesthetic. She also gave the list of chemicals used for phenyl preparation. NSS volunteers very curiously learnt the preparation as it was prepared in front of the NSS volunteers. Small tips and precautions measure were also discussed. The cheap preparation of phenyl was shown and even the budget for preparation was discussed in detail. NSS volunteers were made aware that they can run a business and earn money and can do business.

It was a very effective learning programme which helped the students to run a small scale business and get self employed.

ATR:

- NSS Volunteers learnt the procedure of phenyl preparation.
- Students were trained to prepare the phenyl

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Principal, Dr. Maqdoom Farooqui; Skilled India

Prof. Vidya Pradhan NSS Programme Officer, Dr. Megha Rai (Phenyl preparation)

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Preparation of phenyl in the lab Principal, Staff and Students

Phenyl prepared by NSS Volunteers

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Preparation of phenyl

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Ms. Shaikh Ruhi: Nath in Inaugural Programme

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Preparation of Phenyl

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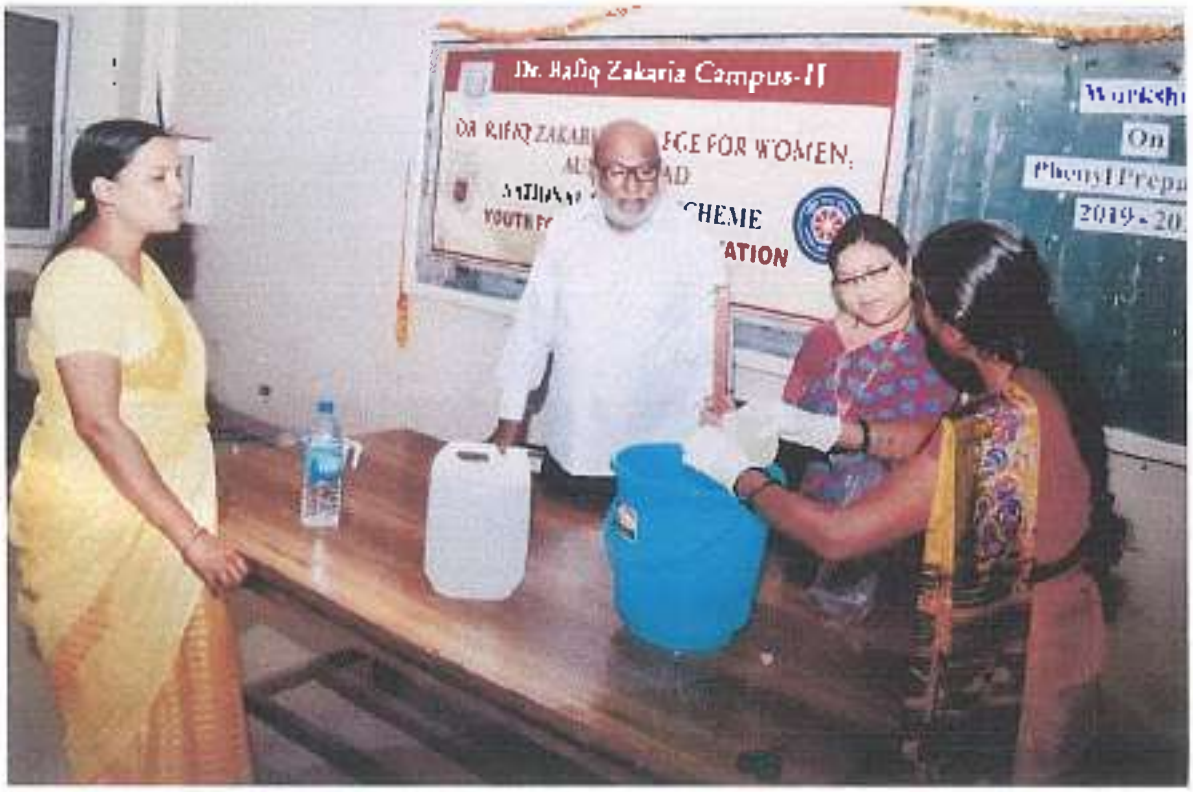
Prof. Vidya Pradhan: Procedure & Chemicals required for Phenyl preparation



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Dr. Rafiq Zakaria Campus – II

Dr. Rafiq Zakaria College for Women

Navkhanda, Jubilee Park, Aurangabad - 431001

Constitution Day Celebration

26th November 2019

Our college NSS Unit celebrated ***"Constitution Day"*** with great honour and respect, our esteemed Principal Dr. Maqdoom Farooqui hosted the flag followed by National Anthem.

All the students, Teaching & Non-Teaching staff on Dr. Rafiq Zakaria Campus – II were present.

Dr. Maqdoom Farooqui, Principal gave Oath and Mass Reading of Preamble of the constitution was organized. The staff and students whole heartedly participated in the event. Copies of Preamble were distributed on this occasion to all present.

Dr. Maqdoom Sir in his lecture spoke on salient feature of the constitution. This day is celebrated all over the nation as "Samvidhan Divas" (National Law Day) every year to commemorate the adoption of constitution day. On 26th November 1949, the constituent Assembly of India adopted the Constitution of India, and it came into effect on 26th January 1950. The Government of India declared 26th November as Constitution Day on 19th November 2015 by a gazette notification. The Prime Minister of India Narendra Modi made the declaration on 11th October 2015 while laying the foundation stone of the B.R. Ambedkar Memorial in Mumbai. The year of 2015 was the 125th Birth Anniversity of Dr. B.R. Ambedkar who had chaired the drafting committee of the Constitutent

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Assembly and played a pivotal role in the drafting of the constitution. Previously this day was celebrated as "Law Day".

26th November was chosen to spread the importance of the constitution and to spread thoughts and ideas of Ambedkar.

The students and staff very enthusiastically participated in the event. The event was a Grand success.

Dr. Maqdoom Farooqui, Principal of our college announced the establishment of Dr. Babasaheb Ambedkar legal Aid Cell in our college to organize Awareness, Workshops, Seminars, Panel Discussion for Girl's rights. He also said that "Write of Law in the Society is the Hallmark of Citized & Progressive Society". So the Workshops, Seminars will definitely upgrade the knowledge of girls and also make them aware of the new amendments.

Best wishes to the cell.

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Principal
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NSS
Motto – NOT ME BUT YOU

The National Service Scheme (NSS) is an Indian Government sponsored public service programme conducted by the Ministry of Youth Affairs and Sports of the Government of India. Popularly known as NSS, the scheme launched in Gandhiji's Centenary year in 1969. Aimed at developing student's personality through community service. NSS is a voluntary association of young people in colleges and universities and at +2 level working for a campus community (especially villages) linkage.

The main objective of NSS are: to understand the community in which they work. Understand themselves in relation to their community. Identify the needs and problems of the community and involve them in problem solving develop among themselves a sense of social and civic responsibilities.

The motto of NSS is "Not Me But You" reflects the essence of democratic living and upholds the need for selfless service. NSS helps the students development and appreciation to other persons point of view and also show consideration towards other living beings.

NSS involves many activities like Swachh Bharat Programme, Blood Donation Camp, Health & Environment, International Yoga Day, Visit to Orphanage.

The main aim of NSS is to inculcate social welfare in students and to provide service to society without bias. NSS volunteers work to ensure that every one who is needy gets help to enhance their standard of living and lead a life of dignity.

NSS is beneficial to both students and well as the society in various different means. NSS helps the students to grow individually and also as a group. It makes

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the students confident, develop leaderships skills and gain knowledge about different people from different walks of life.

In NSS volunteers do social service in adopted village during the camp. The social service activities such as child and adult education, construction of garbage pits, soak pits, chock dam, health check-up camp, tree plantation etc. according to requirement of work in the adopted area.

NSS volunteers has to perform various duties like establish rapport with the people in the project area. Identify needs problems and resources of the community. Plan programs and carry out the plan. Relate learning experience towards finding solutions to the problem identified.

NSS volunteers plan a very important role in disaster management like preparing food packets for flood victims, running common kitchen and distributing medicines and are also involved in rescue operations.

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Report

Theme 2020 – Electoral Literacy for Stronger Democracy

India is a democratic country. Every citizen has basic right to vote. They has the right to select their leader to whom ever they think is capable of leading the nation, solve the problems of common people, bring about change etc.

National Voters Day is a significant root of India as future of country lies in the leader that we choose. If we do not come forward and choose the right leader then the program and development of the country will be hampered and will also affect the people of the country. It is the leader of the country who decides various basic big projects and several things. If basic system will not be developed properly it may lead to under construction of roads, electricity, connection problem etc. Hence, we should encourage our youth for participation and build a strong network for the coming generation who will make face to cast their votes without fail.

Our Principal, Dr. Maqdoom Farooqui also told the History of National Voter Day. 25th January is the foundation day of the election commission of India which came into existence in 1950. This day was first celebrated in 2011 to encourage the young volunteers to take part in the electoral process. The day is to celebrate the right to vote and the law does not require citizen to vote but voting is a very important part of any democracy. Citizen vote for leaders to represent them and their ideas and the leader support the citizen's interim.

Aim:

- In order to encourage more young voters to take part in the political process.
- To spread awareness among the youths so that they can cast their votes to a responsible person.
- To participate in the development of the country.
- To increase the enrolment of voters, especially the eligible ones.

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Dr. Maqdoom Farooqui, Principal felicitated by members of ANIS

Dr. Maqdoom Farooqui, Principal felicitating Dr. Ashtaputre

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AURANGABAD. (M.S.)

Dr. Rafiq Zakaria College For Women Internal Quality Assurance Cell Aurangabad

Dr. Rafiq Zakaria College for Women Aurangabad

Dr. Reshmi Borikar: Aims & Objective of the Workshop

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Prof. Khojre: Interaction with NSS Volunteers

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Prof. Sharfunnihar, HOD Urdu felicitating Prof. Khojre (ANIS)

Prof. Sumia (HOD, Botany) felicitating Mr. Shahaji Bhosale, Secretary ANIS

Dr. Tanmay A. Paithankar
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Dr. Maqdoom Farooqui felicitating Dr. Reshmi Borikar, Vice President ANIS

Dr. Paithankar felicitating member of ANIS Dr. V.M. Deshpande

Dr. Tanmay A. Paithankar
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Members of ANIS: Yuvati Parishad

Dr. Borikar Madam and Members of ANIS, NSS Volunteers: Drug Addiction

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