



Dr. Rafiq Zakaria College for Women, Aurangabad



Women Sexual Harassment Prevention/Prohibition and Redressal Cell

2024 - 2025



Padma Shri Fatima Zakaria

**DR. RAFIQ ZAKARIA COLLEGE FOR WOMEN,
AURANGABAD.**

**Women's Sexual Harassment Prevention/ Prohibition
Redressal Cell**

2024 -2025

Sr. No.	Event	Date
1.	One Day Workshop on Anti Dowry Movement : Role of Education & Awareness & Change in Societal Attitude.	5 th July 2024
2.	Visit of Damini Pathak to the Campus	12 th December 2024
3.	Kranti Jyoti Savitribai Phule Jayanti - Bibi Fatema Lecture Series "Laws Promoting Women & Gender Equality in India	3 rd January 2025
4.	Entrepreneurship Awareness Program and Skill Development	27 th January 2025
5.	Ramzan Lecture Series Day - 1 : Ramzan Aur Quran	17 th March 2025
6.	Ramzan Lecture Series Day - 2 : Imaan ki Ahemiyat	18 th March 2025
7.	Ramzan Lecture Series Day - 3 : Haya Imaan ka Hissa hai	19 th March 2025
8.	Ramzan Lecture Series Day - 4 : Peace of Mind	20 th March 2025
9.	Ramzan Lecture Series Day - 5 : Ramzan ki Fazihat	21 st March 2025
10.	Ramzan Lecture Series Day - 6 : Ramzan hum ko kis Qisam ki training deta hai	22 nd March 2025

Co-ordinator

Principal

**1. One day Workshop on
“Anti Dowry Movement :
Role of Education & Awareness & Change in Societal Attitude”.**

Name of the Event : One day Workshop on Anti Dowry Movement :
“Role of Education & Awareness & Change in
Societal Attitude”.

Date : 5th July 2024

Resource Person : 1. Mr. Navneet Kamawat
(IPS), Deputy Commissioner of Police Zone -II
2. Mrs. Neetika Vilash (IRS)
Deputy Commissioner Income Tax
Chhatrapati Sambhajinagar.
3. Mr. Juned, Social Worker

No. of Participants : 234

Venue : Dr. Rafiq Zakaria College for Women, Chhatrapati
Sambhajinagar.

Aims :

- The primary aim is to eliminate the practice of dowry altogether, recognizing it as a social evil that perpetuates gender inequality.
- Promoting the ideals of gender equality by challenging traditional norms that place a financial burden on the bride's family.
- Empowering women by advocating for their rights and dignity, ensuring they are not treated as commodities in marital transactions.
- Advocating for and supporting legal reforms that strengthen anti-dowry laws and ensure swift and just enforcement against offenders.
- Creating awareness about the negative impact of the dowry system on individuals and society, fostering a sense of responsibility among citizens.
- Educating communities about the harmful effects of dowry and sensitizing them to the importance of rejecting such practices.

- Providing support and assistance to victims of dowry harassment, including legal aid, counseling, and rehabilitation.
- Engaging communities actively in the movement, encouraging collective efforts to challenge and change social norms related to dowry.
- Utilizing media platforms to advocate against the dowry system, debunking myths and stereotypes that perpetuate such practices.
- Encouraging and promoting financial independence for women, emphasizing their right to economic freedom and reducing dependency on dowry.
- Striving for a cultural transformation that rejects dowry as a symbol of social status and upholds values of love, compatibility, and mutual respect in marriages.
- Involving the youth in the movement, fostering a mindset change among the younger generation to reject dowry practices.
- Advocating for policy changes at the governmental level to address and rectify systemic issues related to dowry, ensuring comprehensive legal measures.
- Collaborating with international organizations and movements working towards gender equality to share experiences, strategies, and solutions.
- Conducting research and documenting the impact of the anti-dowry movement, providing evidence to support policy changes and further advocacy efforts.

Dowry System: Causes, Effects, and Solutions:

- **Patriarchal Norms:** Deep-rooted patriarchal norms that perceive women as economic burdens.
- **Social Status:** Pressure to maintain or enhance social status through elaborate weddings.
- **Economic Disparities:** Economic disparities leading to financial expectations from the bride's family.
- **Cultural Beliefs:** Cultural beliefs reinforcing the exchange of wealth as a marital tradition.

- **Effects of Dowry:**
 - **Gender Inequality:** Reinforces gender inequality, treating women as commodities.
 - **Violence and Harassment:** Can lead to violence, harassment, and even dowry-related deaths.
 - **Financial Strain:** Puts financial strain on the bride's family, affecting their economic stability.
 - **Social Stigma:** Victims often face social stigma, impacting mental health and well-being.
- **Solutions to Dowry System:**
 - **Legal Measures:** Strengthening and strictly enforcing anti-dowry laws.
 - **Education and Awareness:** Promoting education and awareness campaigns to change societal attitudes.
 - **Financial Literacy:** Empowering women with financial literacy to enhance their economic independence.
 - **Community Interventions:** Engaging communities in discussions and interventions to challenge dowry norms.
 - **Counseling and Support:** Providing counseling and support for victims, emphasizing their rights and options.
 - **Media Influence:** Utilizing media to challenge and change cultural narratives around dowry.
 - **Youth Involvement:** Engaging the youth in advocacy and education to reshape future attitudes.
 - **International Collaboration:** Collaborating with international organizations to address dowry as a global human rights issue.

Objectives of the Anti-Dowry Movement:

- Advocate for and support legal reforms to strengthen anti-dowry laws, ensuring their effective implementation and swift justice for victims.
- Promote the principles of gender equality, challenging traditional norms that perpetuate discrimination against women in the form of dowry.
- Create awareness and educate communities about the negative impact of the dowry system, fostering a sense of responsibility and a commitment to change.

- Establish support systems for victims of dowry harassment, including legal aid, counseling, and rehabilitation services.
- Engage the youth in the movement, aiming to reshape societal attitudes and beliefs surrounding dowry practices.

Objective:

- Utilize media platforms for advocacy against the dowry system, debunking myths and stereotypes that perpetuate such practices.
 - Strive for a cultural transformation that rejects dowry as a symbol of social status and upholds values of love, compatibility, and mutual respect in marriages.
 - Encourage and promote financial independence for women, emphasizing their right to economic freedom and reducing dependency on dowry.
 - Collaborate with international organizations and movements working towards gender equality to share experiences, strategies, and solutions.
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- **Solutions to Dowry System:**

- **Legal Measures:** Strengthen and strictly enforce anti-dowry laws, ensuring legal consequences for offenders.
- **Education and Awareness:** Promote education and awareness campaigns to change societal attitudes and beliefs surrounding dowry.
- **Financial Literacy:** Empower women with financial literacy to enhance their economic independence.
- **Community Interventions:** Engage communities in discussions and interventions to challenge dowry norms and practices.
- **Counseling and Support Services:** Provide counseling and support services for victims, emphasizing their rights and available options.
- **Media Influence:** Utilize media to challenge and change cultural narratives around dowry, fostering a more positive and inclusive perspective.
- **Youth Involvement:** Engage the youth in advocacy and education to reshape future attitudes and beliefs.
- **International Collaboration:** Collaborate with international organizations to address dowry as a global human rights issue, sharing best practices and strategies.

ATR :

- Strengthened anti-dowry laws and their effective enforcement, leading to legal consequences for those involved in dowry-related offenses.
- Increased societal recognition of the importance of gender equality, with a shift away from traditional norms that perpetuate discrimination against women through dowry.
- Heightened awareness within communities about the negative consequences of the dowry system, leading to increased responsibility and a commitment to change.
- Establishing support systems that empower victims of dowry harassment, providing legal aid, counseling, and rehabilitation services.
- A cultural shift led by the youth, reshaping societal attitudes and beliefs surrounding dowry practices and promoting more equitable values.

- Positive changes in public perception facilitated by media advocacy, debunking myths and stereotypes associated with the dowry system.
- Advocacy efforts leading to policy changes at the governmental level, addressing systemic issues related to dowry and ensuring comprehensive legal measures.
- Gradual cultural transformation rejecting dowry as a symbol of social status, emphasizing values of love, compatibility, and mutual respect in marriages.
- Increased emphasis on and support for financial independence for women, reducing dependency on dowry and promoting economic empowerment.
- Collaborative efforts with international organizations resulting in shared experiences, strategies, and solutions, contributing to a global movement against dowry practices.

Dowry System: Causes, Effects, and Solutions:

- Recognition and acknowledgment of the patriarchal norms, economic disparities, and cultural beliefs as root causes, paving the way for targeted interventions.
- Increased awareness of the detrimental effects of the dowry system, leading to a collective commitment to address and eliminate these negative consequences.

Inauguration of Workshop Prof. Vidya Pradhan : Aims & Objective of Workshop



Dr. Maqdoom Farooqui sir (Principal) : Presidential Address



Dr. Maqdoom Farooqui sir (Principal) : Empowering Women through Education & Financial Independence



Dr. Maqdoom Farooqui sir (Principal) : Involving men as allies in the movement



Faculties and Students at the Workshop



Dr. Maqdoom Farooqui sir (Principal) : Promoting Gender equality from a young age



Dr. Maqdoom Farooqui sir (Principal) expressing his thoughts



Prof. Vidya Pradhan promote Gender equality amongst students



Mrs. Neetika Vilas (IRS) Income Tax Dept., Govt. of India : Legal Measures Against Dowry



Mrs. Neetika Vilas (IRS) the Anti Dowry Movement : A Fight Against Social Justice.



2. “Visit of Damini Pathak to the Campus”.

Name of the Event : “Visit of Damini Pathak to the Campus”.

Date : 12th December 2024

No. of Participants : 220

Venue : Dr. Rafiq Zakaria College for Women, Chhatrapati Sambhajnagar.

Aims :

- To inspire and motivate students through real-life experiences
Provide students with valuable insights and encouragement by listening to the journey, challenges, and achievements of Damini Pathak.
- To promote leadership and personal development
Empower students to build confidence, set goals, and take initiative in their personal and professional lives.
- To create awareness about social responsibility and active citizenship
Encourage students to engage in positive social change and community development if Damini Pathak is known for activism or social work.
- To provide exposure to entrepreneurial and professional success stories
Help students understand the qualities and mindset needed to achieve success in today's competitive world.
- To foster interactive learning and engagement
Enable students to ask questions, share views, and learn through direct interaction with an accomplished individual.
- To build a culture of motivation, innovation, and excellence on campus
Reinforce the importance of hard work, determination, and innovation through role models like Damini Pathak.

Objectives :

- To provide students with an opportunity to interact with a distinguished personality
Facilitate direct engagement with Damini Pathak to gain insights from her journey and experiences.
- To motivate and inspire students toward personal and professional excellence
Encourage students to overcome challenges, set ambitious goals, and pursue their passions with confidence.
- To promote awareness about key social, educational, or entrepreneurial issues
Highlight important themes such as women's empowerment, leadership, innovation, or social responsibility (depending on her area of expertise).
- To enrich the academic environment with real-world perspectives
Bridge the gap between classroom learning and practical life lessons through real-life stories and advice.
- To encourage critical thinking and self-reflection among students
Inspire students to think deeply about their goals, values, and role in society.
- To foster a culture of dialogue, growth, and positivity on campus
Create an atmosphere that values learning from experience, resilience, and proactive mindset.
- To build connections between students and successful role models
Help students identify with a relatable success story and envision their own path forward.

ATR :

- Enhanced Motivation and Self-Confidence Among Students
Students feel inspired and encouraged to pursue their goals with determination and a positive mindset.
- Increased Awareness of Real-World Challenges and Success Stories
Students gain practical insights into the struggles and successes involved in building a career, business, or social cause.
- Improved Understanding of Leadership and Personal Development
Exposure to leadership qualities such as resilience, decision-making, and innovation shared by Damini Pathak.

- **Encouragement Toward Social Responsibility and Community Engagement**
Students become more aware of their role in contributing to society, especially if the talk focused on activism or social work.
- **Active Student Participation and Engagement**
The interactive session leads to lively discussions, questions, and a deeper connection between students and the speaker.
- **Strengthened Campus Culture of Inspiration and Learning**
The visit contributes to a vibrant academic environment that values real-life learning and personal growth.
- **Students Identifying Role Models and Career Guidance**
Students find relatable inspiration and receive guidance on making informed academic or professional choices.
- **Positive Institutional Branding and Exposure**
Hosting a notable personality like Damini Pathak enhances the institution's reputation and demonstrates commitment to student development.

Visit of Damini Pathak : Special Initiative aimed at women's safety & Empowerment Mrs. Nimbore Madam interaction



Students interacting with Mrs. Nimbhore Madam Squads act as a deterrent to eve testing & treatment



Students with Mrs. Nimbhore Madam Damini Squad



Prof. Vidya Pradhan & Faculty with the Damini Squad in college



Students with the Damini Squads : Officers engage with students to raise awareness



Felicitation



**Mrs. Nimbhore mam, Mrs. Jadhav mam (Damini Squad)
interaction with Prof. Vidya Pradhan**



3. Celebration of Kranti Jyoti Savitribai Phule Jayanti

Name of the Event : Celebration Kranti Jyoti Savitribai Phule Jayanti.

Date : 3rd Jan' 2025.

**Place : Dr. Rafiq Zakaria College For Women, Chht.
Sambhajinagar.**

No. of Participant : 220.

Aim:

- To honor the birth anniversary of Savitribai Phule, the pioneer of women's education in India.
- To recognize and celebrate her contributions to social reform and education.
- To promote awareness about women's rights and gender equality.
- To encourage the continuation of her legacy in education for girls.
- To acknowledge her role in abolishing caste discrimination and untouchability.
- To highlight her work in uplifting marginalized communities.
- To inspire individuals to fight against social injustice.
- To encourage young girls to pursue education fearlessly.
- To strengthen efforts for universal literacy in India.
- To educate people about her role in social movements.
- To commemorate her struggles and sacrifices for social change.
- To motivate educators to adopt inclusive and progressive teaching methods.
- To promote gender sensitivity in schools and institutions.
- To encourage NGOs and social activists to work for women's empowerment.
- To reflect on current challenges in women's education.
- To spread awareness about early child marriage issues, which she opposed.
- To advocate for women's participation in leadership.
- To highlight her role as India's first female teacher.
- To discuss and propagate the importance of widow remarriage, as she supported it.

- To organize seminars and discussions on her philosophy and teachings.
- To engage students and youth in activities promoting education and equality.
- To encourage the government to implement policies that align with her vision.
- To foster unity among people of all communities by promoting social harmony.
- To appreciate and reward educators who are making a difference in women's education.
- To strengthen the feminist movement in India with historical inspiration.

Objectives :

- To educate people about Savitribai Phule's contributions.
- To spread her ideals of education, equality, and justice.
- To organize essay competitions, debates, and seminars in schools and colleges.
- To conduct awareness campaigns on girl child education.
- To felicitate educators and social workers working towards women's empowerment.
- To hold rallies and cultural programs showcasing her life and achievements.
- To encourage the government to implement educational schemes for girls.
- To publish articles, books, and documentaries on her life and impact.
- To highlight her efforts in eradicating caste-based discrimination.
- To promote progressive thoughts in social reforms.
- To involve youth organizations in discussions on social change.
- To support scholarships for girls in education.
- To strengthen community-based initiatives for education.
- To address gender disparities in literacy rates.
- To conduct training sessions for rural women on self-reliance.
- To raise awareness about violence against women and legal rights.
- To integrate her teachings into school curriculums.
- To encourage the use of digital platforms for women's education.
- To collaborate with NGOs and educational institutions to increase literacy rates.
- To promote women's participation in leadership and governance.
- To organize workshops on entrepreneurship for women.

- To ensure representation of Dalit and marginalized communities in education.
- To develop inclusive policies for all genders.
- To highlight success stories of women who followed Savitribai's path.
- To establish educational trusts and funds in her name.

ATR

- Formation of an organizing committee involving faculty and students.
- Circulation of event details through posters, social media, and circulars.
- Invitations sent to guest speakers, alumni, and local activists.
- Venue arrangement, seating, decorations, and sound system setup.
- Volunteer team assigned specific roles for event management.
- Special lecture on gender equality, education, and social justice.
- Welcome speech by the principal or event coordinator.
- Keynote address by a guest speaker on Savitribai's contribution to education.
- Panel discussion on women's rights and Savitribai's role in reforms.
- Interactive Q&A session with students and guest speakers.
- Pledge-taking ceremony for students to support gender equality.

Inauguration
Dr. Maqdoom Farooqui sir Principal : Educating Students (Women) on
key Laws promote gender equality protect women



Dr. Maqdoom Farooqui sir Principal : Promote Gender – sensitive
thinking among students



Prof. Vidya Pradhan (Chairman, Women Cell) : To Encourage active participation of students in building a more inclusive society.



Promote Gender equality amongst students



Adv. Rubina : Encourage dialogue on hoe existing laws can be strengthen to better save women & gender diverse individuals



Adv. Rubina : Explore meal life case studies & Judgements to understand legal applications & Challenges



Workshop aims : Understand Constitutional Promisors related to gender equality (Articles 14, 15, 16, 39, 42 etc.).



**Dr.Maqdoom Farooqui sir Principal, Staff & Students on the occasions
Savitribai Phule – Fatma Bibi Shaikh Lecture Series**



4. Entrepreneurship Awareness Program and Skill Development

Name of the Event : Entrepreneurship Awareness Program and Skill Development

Date : 27th January 2024

Resource Person : Mr. Rajesh Chanchalani and Mr. Anand Nikalje

No. of Participants : 280

Place : Dr. Rafiq Zakaria College for Women, Chhatrapati Sambhajnagar.

Aims :

- To create awareness about entrepreneurship as a career option Encourage students and youth to consider entrepreneurship as a viable and rewarding path.
- To develop entrepreneurial skills and competencies Equip participants with essential skills such as problem-solving, decision-making, leadership, communication, and innovation.
- To foster self-employment and job creation Inspire individuals to start their own ventures, contributing to employment generation rather than seeking jobs.
- To bridge the gap between academic knowledge and practical business needs Provide real-world insights into business operations, market dynamics, and startup challenges.
- To build confidence among aspiring entrepreneurs Enhance their self-belief and motivation through mentorship, success stories, and experiential learning.
- To promote innovation and creative thinking Encourage participants to think critically, identify market opportunities, and create innovative solutions.
- To introduce support systems available for startups Familiarize learners with government schemes, funding sources, incubation centers, and entrepreneurial networks.

- To develop a culture of entrepreneurship in academic institutions
Integrate entrepreneurial thinking and practice into the academic environment.

Objectives :

- To educate participants about the concept and importance of entrepreneurship Introduce the fundamentals of entrepreneurship, its role in economic development, and its relevance in today's dynamic job market.
- To identify and nurture entrepreneurial potential among students and youth. Help participants recognize their own strengths, interests, and capabilities suitable for entrepreneurial ventures.
- To provide knowledge on how to start and manage a business
Teach the basics of business planning, legal requirements, marketing, financial management, and operational aspects of running a startup.
- To develop essential entrepreneurial and soft skills
Enhance abilities such as communication, teamwork, leadership, negotiation, time management, and critical thinking.
- To expose participants to real-world entrepreneurial experiences
Organize interactions with successful entrepreneurs, industrial visits, and case studies to give practical insights.
- To promote awareness of startup ecosystem and support mechanisms
Inform about government initiatives, incubation centers, funding agencies, and entrepreneurship development programs.
- To encourage innovation and problem-solving abilities Inspire participants to think creatively and come up with innovative solutions to real-world challenges.
- To in still self-confidence and risk-taking ability
Empower youth to take calculated risks and confidently pursue business opportunities.

ATR :

- Increased Awareness of Entrepreneurship Participants gain a clear understanding of entrepreneurship as a viable career option and its role in socio-economic development.
- Development of Entrepreneurial Mindset Encourages innovation, risk-taking, creativity, and initiative among participants.

- Improved Business and Soft Skills Participants acquire practical skills such as communication, leadership, teamwork, time management, and problem-solving.
- Basic Knowledge of Starting a Business Learners understand how to create business plans, manage finances, comply with legal procedures, and handle marketing.
- Boost in Self-Confidence and Motivation Enhanced self-belief and readiness to take initiative in professional or entrepreneurial ventures.
- Idea Generation and Validation Participants are encouraged to identify problems and convert them into potential business ideas through market research and validation.
- Awareness of Government Schemes and Startup Support Systems Familiarity with incubation centers, funding options, mentorship programs, and other startup ecosystem resources.
- Creation of Potential Startups Some participants may proceed to launch their own startups or ventures, creating employment for themselves and others.
- Strengthening of Entrepreneurial Ecosystem in Institutions Encourages a culture of entrepreneurship within educational institutions through clubs, cells, and follow-up initiatives.

Inauguration Workshop to create awareness about Entrepreneurship as a viable career option



Mr. Rajesh Chanchalani (Resource Person) : Education the students on the basics of setting ups running a business



Mr. Rajesh Chanchalani (Resource Person) : Government schemes (Like start up Indis, PMEGP Mudra Loans) etc. Explaining to students



Dr. Maqdoom Farooqui sir Principal : Aims to provide practical, job oriented or Entrepreneurship skills to students



**Prof. Vidya Pradhan (Chairman) : Digital Skills Basic Computer Literacy,
using digital tools for Business & Marketing for students
Business Opportunity Identification**



Dr. Maqdoom Farooqui sir (Principal) felicitating Resource Person Mr. Rajesh Chanchalani on the occasion of Inauguration of Workshop



Prof. Vidya Pradhan : Highlighting the college activities entrepreneurship under the guidance of Dr. Maqdoom Farooqui sir (Principal)



**Resource Person Mr. Rajesh Chanchalani on the occasion of Workshop
interacting with students**



5. Ramzan Lecture Series

Day - 1

Ramzan Aur Quran

Name of the Event : Ramzan Aur Quran

Date : 17th March 2025

Resource Person : Mrs. Faheemunissa Saheba

No. of Participants : 204

Place : Dr. Rafiq Zakaria College for Women, Chhatrapati Sambhajanagar.

Aims :

- To emphasize the significance of Ramzan as the month of the Quran's revelation.
- To deepen the spiritual understanding of fasting and its connection to piety (taqwa).
- To promote regular recitation and reflection upon the Quran during Ramzan.
- To inspire love and reverence for the Quran in the hearts of participants.
- To encourage the application of Quranic teachings in everyday life.
- To strengthen the moral and ethical foundation of individuals and families.
- To increase awareness about the Quran's guidance on social justice, compassion, and mercy.
- To provide a platform for scholars to explain the deeper meanings of Quranic verses.
- To foster unity, peace, and brotherhood among the community through shared learning.
- To revive the tradition of seeking knowledge during the holy month.
- To offer youth a meaningful and engaging way to connect with their faith.
- To highlight stories and lessons from the Quran relevant to contemporary life.
- To promote self-reflection, self-purification, and personal transformation.

- To bridge the gap between religious knowledge and practical living.
- To cultivate gratitude, humility, and devotion through the understanding of divine guidance.

Objectives :

- To educate participants about the divine connection between Ramzan and the Quran.
Emphasizing that the Quran was revealed during this sacred month and its role in guiding humanity.
- To promote the practice of regular Quranic recitation and reflection.
Encouraging attendees to read and understand the Quran more deeply during Ramzan.
- To facilitate deeper understanding of Quranic themes and messages.
Offering scholarly insights into selected verses and their practical relevance.
- To inspire individuals to apply Quranic principles in daily life. Connecting faith with actions through teachings of peace, honesty, humility, and compassion.
- To encourage moral and spiritual development through Quranic learning.
Helping participants grow in character, self-discipline, and piety (taqwa).
- To strengthen the Islamic identity of youth and community members.
Providing a platform that connects individuals – especially youth – to the values of the Quran.
- To build a sense of unity and spiritual bonding among attendees. Bringing the community together through shared worship, learning, and discussion.
- To revive the tradition of seeking Islamic knowledge during Ramzan.
Reinstating the importance of using Ramzan as a time for learning and transformation.
- To encourage inter-generational engagement in Islamic learning. Involving people of all ages in the study and appreciation of the Quran.
- To enhance awareness of the Quran's guidance for modern-day challenges.
Showing how the timeless message of the Quran remains relevant to contemporary issues.

ATR :

- **Strengthened spiritual connection with the Quran.**
Participants developed a deeper bond with the Quran through increased recitation, reflection, and understanding.
- **Enhanced knowledge of Quranic teachings.**
Attendees gained valuable insights into the meanings, themes, and practical applications of Quranic verses.
- **Increased awareness of the significance of Ramzan in Islamic tradition.**
The audience better understood the spiritual purpose of fasting and its connection to the revelation of the Quran.
- **Motivation to apply Quranic values in daily life.**
Individuals were encouraged to practice values like honesty, compassion, patience, and self-discipline.
- **Revival of the culture of learning during Ramzan.**
The program helped re-establish Ramzan as not only a month of worship but also of seeking knowledge and spiritual growth.
- **Greater youth engagement with Islamic teachings.**
Young participants became more interested in the Quran and its relevance to modern life.
- **Promotion of unity and brotherhood in the community.**
The lecture series fostered collective learning and togetherness during the holy month.
- **Positive behavioral and spiritual changes.**
Participants reported increased mindfulness, gratitude, and efforts to improve their character.
- **Creation of a platform for continued religious discussion.**
The program encouraged ongoing study circles, Quranic classes, and further exploration of Islamic teachings.
- **Enhanced appreciation for the Quran as a source of lifelong guidance.**
Attendees left with a renewed commitment to making the Quran a regular part of their lives beyond Ramzan.

Mrs. Fahemunnisa Baig : Promoting Moral, Spiritual and Social values aligned with the essence of Ramdan



Mrs. Fahemunnisa Baig : Spiritual upliftment is must to deeper young generation understanding the fasting, prayer & self discipline in Ramdan



Mrs. Fahemunnisa Baig : Mral development to instill ethical values such as Honesty, patience & compassion in Ramdan



Felicitation of Mrs. Fahemunnisa Baig at the inauguration : staff and students



Mrs. Fahemunnisa Baig : Educating students on the key practices & teachings of Ramdan & their relevance in daily life.



Dr. Maqdoom Farooqui sir Principal, at the Inauguration, Dr. Rizwan, Prof. Ayesha Durrani on the occasion of Inauguration

Mrs. Fahemunnisa Baig : Ramdan Values, ethics, spirituality & social responsibilities



Students, Teaching and Non-Teaching Staff during workshop



Mrs. Fahemunnisa Baig : Demonstrate an understanding of the Core Principles of Ramdan, including Fasting, Prayer & Charity



Mrs. Fahemunnisa Baig : Respect religious diversity & Predice, Empathy towards peers of all faiths & backgrounds.



6. Ramzan Lecture Series

Day – 2

Imaan Ki Ahemiyat

Name of the Event : Imaan Ki Ahemiyat

Date : 18th March 2025

Resource Person : Mrs. Nafeesa Shakeel Saheba

No. of Participants : 198

Place : Dr. Rafiq Zakaria College for Women, Chhatrapati Sambhajinagar.

Aims :

- To emphasize the central role of Imaan (faith) in a Muslim's life.
- To educate participants on the meaning, pillars, and significance of Imaan in Islam.
- To strengthen individual belief in Allah, His Messengers, and the teachings of the Quran.
- To highlight the connection between Imaan and righteous actions.
- To encourage self-reflection on the quality and depth of one's faith.
- To promote spiritual purification and moral development through renewed Imaan.
- To inspire participants to remain steadfast in faith during trials and challenges.
- To deepen the understanding of Imaan as a source of peace, guidance, and purpose.
- To explain the relationship between Imaan, Taqwa (God-consciousness), and Ramzan.
- To foster unity and shared values within the Muslim community through discussions of faith.
- To address modern challenges to faith and how to overcome them through Islamic teachings.
- To motivate youth to take pride in and nurture their Imaan.

- To highlight the impact of strong Imaan on personal, social, and spiritual well-being.
- To encourage regular remembrance of Allah (dhikr) and connection with Him.
- To revive the spirit of learning and reflection on core Islamic beliefs during Ramzan.

Objectives :

- **To explain the concept of Imaan (faith) in Islam with clarity and depth.**
Educate participants on the fundamental beliefs that form the foundation of a Muslim's faith.
- **To help participants reflect on the strength and sincerity of their own Imaan.**
Encourage self-evaluation and personal spiritual growth during the holy month.
- **To connect the teachings of Ramzan with the enhancement of Imaan.**
Show how fasting, prayer, and worship in Ramzan strengthen belief and God-consciousness (Taqwa).
- **To highlight the importance of Imaan in facing life's challenges with patience and hope.**
Provide guidance on how strong faith supports resilience and mental peace.
- **To emphasize the link between Imaan and good character (Akhlaq).**
Inspire participants to reflect their faith through kindness, honesty, and humility in daily life.
- **To create awareness about the internal and external signs of strong Imaan.**
Explain the behaviors and attitudes that reflect true belief.
- **To address doubts and misconceptions that weaken Imaan, especially among youth.**
Provide Islamic responses to common modern-day questions and challenges to faith.
- **To encourage increased worship, dhikr (remembrance of Allah), and Quranic reflection.**
Motivate participants to take practical steps toward strengthening their connection with Allah.

- **To foster a spiritually uplifting environment during Ramzan.**
Engage the community in shared learning and reflection to grow together in faith.
- **To promote continuous growth of Imaan beyond Ramzan.**
Inspire lasting changes that extend the benefits of the holy month into everyday life.

ATR :

- **Deepened understanding of the concept and significance of Imaan.**
Participants gained clarity on the foundations of faith and its role in a Muslim's life.
- **Renewed personal commitment to strengthen Imaan.**
Individuals felt spiritually uplifted and motivated to work on their inner faith.
- **Enhanced spiritual connection with Allah during Ramzan.**
Increased focus on worship, prayer, and remembrance of Allah (dhikr).
- **Greater awareness of the link between Imaan and daily behavior.**
Participants showed improved character traits such as patience, honesty, humility, and compassion.
- **Encouragement to overcome doubts and challenges to faith.**
Youth and adults alike found guidance and reassurance in addressing questions and modern-day issues.
- **Increased engagement with Islamic teachings and the Quran.**
Attendees were inspired to reflect more deeply on Quranic messages related to faith and belief.
- **Strengthened sense of unity and spiritual brotherhood.**
The shared experience of learning about Imaan brought the community closer together.
- **Positive behavioral changes rooted in strong belief.**
Participants reported efforts to improve worship, control anger, avoid gossip, and increase charity.
- **Uplifted morale and motivation to continue faith-building after Ramzan.**
The program encouraged participants to carry forward the lessons beyond the holy month.
- **Established a foundation for future religious discussions and faith-based learning circles.**
Created momentum for continued engagement with Islamic knowledge and spiritual development.

**Mrs. Nafeesa Shakeel : Explaining to Educate students on the
Meaning, pillars & significance of Imaan in Islam**



Students & Staff on the occasion



Mrs. Nafeesa Shakeel : explaining the relationship between Imaan, Taqua and Ramdan



Students staff : To deepen the understanding of Imaan as a source of peace, guidance & purpose.



Workshop : Imaan ki Ahemiyat Students & Staff



Workshop aims to motivate young to take part in & nurture their imaan



To connect the teaching of Remdan with the enhanement of Imaan



Students and Staff present on the occasion



7. Ramzan Lecture Series

Day – 3

Haya Imaan Ka Hissa Hai

Name of the Event : Haya Imaan Ka Hissa Hai

Date : 19th March 2025

Resource Person : Mrs. Nafeesa Shakeel Saheba

No. of Participants : 196

Place : Dr. Rafiq Zakaria College for Women, Chhatrapati Sambhajinagar.

Aims :

Ramzan Lecture Series: Haya Imaan Ka Hissa Hai

- To highlight the significance of *Haya* (modesty) as an essential element of *Imaan* (faith).
- To increase awareness about the spiritual value of modesty in Islam.
- To promote the adoption of modesty in character, dress, speech, and lifestyle.
- To strengthen the moral and ethical foundation of individuals, especially the youth.
- To reflect on Qur'anic verses and Hadith related to *Haya*.
- To create a positive and respectful environment during the holy month of Ramzan.
- To connect modesty with self-discipline and taqwa (God-consciousness).
- To address modern-day challenges and misconceptions about *Haya*.
- To guide individuals on maintaining *Haya* in the digital age and social media.
- To inspire men and women alike to take pride in Islamic identity and values.
- To encourage self-evaluation and spiritual growth through practical steps.
- To build confidence in living a modest lifestyle unapologetically.
- To foster unity and shared values within the community through collective learning.

- To promote family values and encourage parents to instill modesty in children.
- To motivate ongoing commitment to modesty beyond Ramzan, as a lifelong part of faith.
- To Instill the Value of Haya (Modesty):
To help participants understand the importance of Haya as an essential component of Imaan (faith) in Islam.
- To Strengthen Spiritual Awareness During Ramzan:
Utilize the blessed month of Ramzan to deepen the connection with Allah and promote self-purification through the lens of modesty.
- To Educate on Practical Aspects of Haya:
Provide real-life examples and Islamic teachings that show how modesty should be practiced in behavior, speech, dress, and interactions.
- To Empower Youth and Families:
Address contemporary challenges related to modesty and faith, especially among youth, and guide them using Islamic principles.
- To Encourage Personal Reflection and Reform:
Motivate attendees to assess their own conduct and make sincere efforts to embody Haya in daily life.
- To Foster a Community of Faith and Good Character:
Promote an environment of mutual respect, dignity, and Islamic ethics among community members.

Objectives :

- To Educate:
Provide Islamic knowledge and understanding of *Haya* (modesty) as an integral part of *Imaan* through Qur'an and Hadith.
- To Inspire Reflection:
Encourage participants to reflect on their personal levels of modesty and align their character with Islamic teachings.
- To Promote Practice:
Motivate attendees to adopt modest behavior in daily life – through dress, speech, and actions – based on Islamic principles.
- To Engage the Youth:
Address the relevance of *Haya* in the lives of young Muslims facing modern-day temptations and societal pressures.

- **To Foster Spiritual Growth:**
Use the blessed month of Ramzan as a time for increased spirituality and internal purification by embracing modesty.
- **To Clarify Misconceptions:**
Tackle cultural or societal misunderstandings about *Haya*, especially those that confuse it with shyness or weakness.
- **To Encourage Gender Balance in Modesty:**
Emphasize that *Haya* is essential for both men and women, fostering mutual respect and dignity.
- **To Promote Digital Modesty:**
Guide participants on how to maintain *Haya* in their online presence, including social media and digital interactions.
- **To Reinforce Islamic Identity:**
Help individuals feel confident and proud of living by Islamic values in all aspects of life.
- **To Strengthen Families:**
Provide tools for parents to teach and model *Haya* within the family setting.
- **To Build a Conscious Community:**
Develop a community that supports each other in nurturing modesty and faith collectively.
- **To Encourage Accountability:**
Instill a sense of personal responsibility in upholding *Haya* as a sign of strong *Imaan*.
- **To Promote Respectful Interactions:**
Highlight the role of modesty in building healthy and respectful relationships in society.
- **To Offer Practical Steps:**
Share actionable advice and realistic ways to implement *Haya* in everyday scenarios.
- **To Ensure Continuity Beyond Ramzan:**
Encourage participants to maintain the spirit of *Haya* throughout the year, not just during the month of fasting.

ATR :

- **Enhanced Understanding of Haya:**
Participants will gain a deeper and clearer understanding of the concept of *Haya* in Islam.

- **Improved Personal Conduct:**
Attendees will exhibit more modest behaviour in their daily interactions, appearance, and speech.
- **Increased Spiritual Awareness:**
A stronger connection with Allah (SWT) and increased mindfulness of one's actions, especially during Ramzan.
- **Youth Empowerment:**
Young participants will feel more confident in practicing modesty and standing firm in their Islamic identity.
- **Better Use of Social Media:**
Participants will be more mindful about digital modesty and ethical behavior online.
- **Stronger Family Values:**
Families will work together to create environments that promote modesty, respect, and Islamic manners.
- **Reduction in Cultural Misconceptions:**
Clarification of the difference between religious and cultural interpretations of *Haya*.
- **Gender Balance in Modesty Practice:**
Recognition that *Haya* is equally important for men and women, leading to balanced expectations.
- **Consistent Practice of Modesty:**
Participants will aim to carry forward the values of *Haya* beyond Ramzan into their everyday lives.
- **Improved Community Etiquette:**
A more respectful and dignified community culture, influenced by Islamic principles of modesty.
- **Increased Participation in Islamic Programs:**
More engagement in religious activities as participants feel spiritually enriched and motivated.
- **More Thoughtful Dress and Lifestyle Choices:**
Visible positive changes in how individuals present themselves, based on Islamic teachings.
- **Greater Accountability and Self-Awareness:**
Individuals will become more conscious of their actions and their alignment with Islamic values.
- **Supportive Peer Influence:**
Creation of supportive peer groups who encourage each other to uphold modesty and good character.

- **Positive Role Models:**
Emergence of individuals who inspire others by living with *Haya* and embodying Islamic values.
- **Increased Awareness:**
Participants will gain a deeper understanding of *Haya* as an essential component of *Imaan*.
- **Enhanced Spiritual Connection:**
Attendees will experience spiritual growth and a closer relationship with Allah during Ramzan.
- **Behavioral Change:**
Observable improvement in personal conduct, modesty in dress, speech, and interactions.
- **Stronger Islamic Identity:**
Individuals will feel more confident in practicing and representing Islamic values.
- **Informed Youth:**
Young participants will be better equipped to face peer pressure and societal challenges while upholding modesty.
- **Improved Online Etiquette:**
Awareness and practice of *Haya* will extend to digital behavior and social media use.
- **Reduction of Misconceptions:**
Clarification of cultural myths and stereotypes about modesty, especially those affecting women.
- **Family Engagement:**
Families will be more involved in promoting and modeling modesty within the household.
- **Positive Community Influence:**
Creation of a supportive and respectful community environment rooted in Islamic values.
- **Increased Practice of Sunnah:**
Encouragement to follow the example of the Prophet Muhammad ﷺ in modesty and humility.
- **Sustained Habit Formation:**
Continued application of lessons learned even after Ramzan ends.

Ramzan Lecture Series
Mrs. Nafeesa Shakeel Saheba to aware the students about Spiritual Value of Modesty



Students and Staff attending the function



Mrs. Nafeesa Madam - Connect Modesty with self-discipline of Taqua



Mrs. Nafees : Encourage self evaluation of spiritual growth through practical steps



Dr. Gazela Parveen : foster unity & shared values within the community through collective learning



Values and dedication



Mrs. Nafeesa Shakeel : Explaining to Haya Imaan ka Hissa Hai



Students and Staff present on the occasion



8. Ramzan Lecture Series

Day - 4

Peace of Mind

Name of the Event : Peace of Mind

Date : 20th March 2025

Resource Person : Dr. Maqdoom Farooqui

No. of Participants : 284

Place : Dr. Rafiq Zakaria College for Women, Chhatrapati Sambhajinagar.

Aims :

Ramzan Lecture Series: *Peace of Mind*

- To Explore the Concept of Inner Peace in Islam:
Help participants understand the Islamic approach to achieving peace of mind through faith and submission to Allah.
- To Promote Mental and Spiritual Well-being:
Encourage practices that enhance emotional balance and tranquility during the holy month of Ramzan.
- To Strengthen Connection with the Qur'an and Sunnah:
Use the teachings of the Qur'an and life of the Prophet Muhammad ﷺ as tools for inner peace.
- To Provide Guidance for Stress and Anxiety Management:
Offer Islamic strategies to cope with modern-day pressures and mental health challenges.
- To Deepen the Understanding of *Tawakkul* (Reliance on Allah):
Teach the importance of trust in Allah as a means to overcome fear and worry.

- To Foster Gratitude and Contentment:
Cultivate an attitude of shukr (gratitude) and ridha (contentment) among attendees.
- To Encourage Reflective Worship:
Inspire more heartfelt and mindful worship practices like Salah, Dhikr, and Du'a.
- To Promote a Balanced Lifestyle:
Highlight the harmony between spiritual, emotional, and physical well-being in Islam.
- To Encourage Self-Purification:
Support participants in purifying the heart from negative traits like jealousy, anger, and arrogance.
- To Create a Supportive Learning Environment:
Build a space for open discussion, community bonding, and shared spiritual growth.

Objectives :

- To explain the Islamic definition of true inner peace.
- To strengthen participants' connection with Allah through worship and reflection.
- To introduce the role of Ramzan in calming the heart and purifying the soul.
- To explore the impact of *Tawakkul* (trust in Allah) on emotional resilience.
- To guide participants on reducing stress and anxiety through Islamic teachings.
- To highlight the power of *Du'a*, *Dhikr*, and *Salah* in finding mental clarity.
- To help attendees identify and overcome negative thoughts and inner conflicts.
- To promote patience (*Sabr*) and gratitude (*Shukr*) as keys to emotional stability.
- To address modern-day mental health struggles from an Islamic perspective.

- To inspire self-reflection and mindful living through Ramzan's spiritual atmosphere.
- To create awareness about the importance of emotional intelligence in Islam.
- To encourage maintaining peace in relationships – family, friends, and community.
- To offer practical lifestyle tips rooted in Sunnah for maintaining calmness.
- To cultivate a mindset of forgiveness, compassion, and mercy.
- To equip attendees with long-term habits for sustaining inner peace beyond Ramzan.

ATR :

- Deeper Understanding of Inner Peace in Islam:
Participants will recognize that true peace of mind comes through faith, trust in Allah, and living by Islamic values.
- Improved Spiritual Connection:
Strengthened relationship with Allah through enhanced focus on worship, Du'a, and Dhikr.
- Reduction in Stress and Anxiety:
Attendees will learn and apply Islamic methods to manage emotional and mental stress more effectively.
- Increased Practice of Gratitude and Patience:
Observable increase in *Shukr* (gratitude) and *Sabr* (patience) in daily life.
- Adoption of Reflective Worship Habits:
More meaningful and mindful engagement with Salah and Qur'an recitation.
- Positive Change in Mindset:
Participants will shift from negative thinking to positive, faith-based thought patterns.
- Better Emotional Balance:
Improved emotional regulation through trust in Allah (*Tawakkul*) and surrendering to His will.
- Enhanced Relationships:
Better communication and compassion within families and communities due to a more peaceful internal state.

- Increased Awareness of Islamic Mental Health Concepts:
Participants will be more informed about how Islam supports psychological and emotional wellness.
- Consistent Use of Du'a and Dhikr for Calming the Mind:
Regular incorporation of remembrance of Allah as a personal coping tool.
- Boost in Self-Confidence Through Faith:
Greater self-assurance and resilience rooted in spiritual understanding.
- Clearer Life Purpose and Direction:
Participants will feel more aligned with their goals through a faith-driven perspective on life.
- Community of Support and Growth:
A sense of belonging among attendees who share similar spiritual and emotional goals.
- Lasting Positive Habits Post-Ramzan:
Continuation of peaceful practices and habits beyond the holy month.
- Inspiration to Continue Islamic Learning:
Motivation to pursue ongoing knowledge and self-development after the lecture series ends.

Felicitation of Dr. Maqdoom Farooqui sir : Lecture on “Peace of Mind”



Dr. Gazala : Introducing the Principal Dr. Maqdoom Farooqui Sir



Dr. Maqdoom Farooqui Sir Principal : Encourages practices the emotional balance & tranquility during the holy month of Ramzan



Dr. Maqdoom Farooqui Sir motivates students to understand the Islamic approach to achieving Peace of Mind through Faith



Felicitation of Dr. Maqdoom Farooqui sir on the occasion of Ramzan Lecture Series



Dr. Kaniz Fatema : Reciting Nath



Dr. Maqdoom Farooqui sir : Highlight the harmony between spiritual, emotional & physical well being in islam



Staff and Students attending the programme



Dr. Maqdoom Farooqui sir Principal Support students in purifying the heart from negative traits like jealousy, anger, and arrogance



Dr. Maqdoom Farooqui sir : to aware students to identity & over come negative thoughts sinner conflict



Reduce Stress & Anxiety : Awareness



Felicitation of Dr. Maqdoom Farooqui Sir by the students



9. Ramzan Lecture Series

Day – 5

Name of the Event : Ramzan ki Fazilat

Date : 21st March 2025

Resource Person : Mrs. Tahseen Fatema

No. of Participants : 198

Place : Dr. Rafiq Zakaria College for Women, Chhatrapati Sambhajinagar.

Aims :

- **To Increase Awareness**
To educate the audience about the spiritual, moral, and social significance of the holy month of Ramzan.
- **To Inspire Faith and Devotion**
To encourage individuals to strengthen their connection with Allah (SWT) through increased worship, prayer (salah), and recitation of the Qur'an.
- **To Highlight the Virtues of Fasting**
To explain the physical and spiritual benefits of fasting (sawm) as prescribed in Islam.
- **To Promote Good Deeds and Charity**
To emphasize the importance of sadaqah (charity), zakat, and helping those in need during the month of Ramzan.
- **To Foster Unity and Brotherhood**
To build a sense of community and brotherhood among Muslims by coming together in worship and reflection.
- **To Provide Practical Guidance**
To share tips and knowledge on how to make the most of Ramzan – including time management, spiritual goals, and family involvement.
- **To Prepare for Laylatul Qadr**
To inform about the significance of the Night of Power (Laylatul Qadr) and how to seek it during the last 10 nights.

- To Encourage Consistency Beyond Ramzan
To motivate attendees to carry the spirit of Ramzan throughout the year in their daily lives.

Objectives :

- To educate participants about the historical, spiritual, and religious importance of Ramzan as emphasized in the Qur'an and Hadith.
- To deepen understanding of the core virtues of Ramzan such as patience, gratitude, self-discipline, and empathy.
- To promote the correct practice of fasting (sawm) and other key acts of worship like taraweeh, tahajjud, and dua during the holy month.
- To create an engaging platform for learning where Islamic scholars can share knowledge and answer questions related to Ramzan.
- To encourage active participation in charitable acts, including zakat, sadaqah, and community service during Ramzan.
- To inspire self-improvement by motivating individuals to purify their hearts, seek forgiveness, and develop good character.
- To build a supportive community that grows together in faith and spirituality through shared learning experiences.
- To prepare participants for making the most of the last 10 nights of Ramzan and seeking Laylatul Qadr.
- To promote lifelong learning and help participants carry the lessons of Ramzan into their everyday lives after the holy month ends.

ATR :

- Increased Spiritual Awareness
Participants will have a deeper understanding of the virtues and significance of Ramzan, leading to a stronger spiritual connection with Allah (SWT).
- Better Implementation of Islamic Practices
Attendees will be more consistent and correct in their fasting, prayers, Qur'an recitation, and other acts of worship during Ramzan.

- **Strengthened Faith and Morals**
Individuals will be inspired to adopt better behavior, patience, kindness, and self-discipline in their daily lives.
- **Greater Involvement in Charitable Activities**
More people will actively engage in sadaqah, zakat, and community service during and even after Ramzan.
- **Improved Community Bonding**
The programme will help create a sense of unity and togetherness among community members through shared learning and reflection.
- **Enhanced Knowledge Retention**
Participants will gain valuable knowledge from scholars and be able to apply it not only in Ramzan but throughout the year.
- **Motivation for Lifelong Spiritual Growth**
Attendees will be encouraged to continue their journey of learning, self-purification, and worship beyond the holy month.
- **Awareness of Laylatul Qadr and Its Importance**
Increased focus on seeking and maximizing the last 10 nights of Ramzan, especially the Night of Power.

Ms. Zeba (B.A. IIIyr) students :Reciting Nath



Felicitation of Mrs. Tahseen Faheemunissa (Resource Person) Ramzan ki Fazihat



DR. RAFIQ ZAKARIA COLLEGE FOR WOMEN
Internal Complaint & Redressal Cell
"RAMAZAN LECTURE SERIES"
"Najm Education"
1st March 2025 - 22nd March 2025
Faculty:
Dr. Moudud Farooqui
President
Mrs. Anjali Khatkekar, **Ashwini Patil**, **Dr. Vinita D. Chaudhari**, **Priya D. Tawar**, **Rashmi Bhatnagar**

Chhatrapati Sambhaji Nagar, Mahar...
V8q9+gg5, Navkhanda, Chhatrapati Sambhaji Nagar,
Maharashtra 431004, India
Lat 19.888691° Long 75.319426°
21/03/2025 11:55 AM GMT +05:30

Mrs. Fatima : Preparing students & promote by life long learning & carry the lesson of Ramzan



Mrs. Tahseen Fatima : explaining the physical& spiritual benefits of fasting



Mrs, Tahseen Fatima : To Educate students about the importance of Ramzan Month



To Aware students about to build a supportive community that shows together in faith through shared learning experiences





Mrs. Fatima strengthen faith & morels



10.Ramzan Lecture Series

Day – 6

Name of the Event : Ramzan Hum Ko Kis Qisam Ki Training Deta Hai

Date : 22nd March 2025

**Resource Person : Dr. Jaweed Mukkaram,
Chairman Tuba Pharmaceuticals**

No. of Participants : 240

**Place : Dr. Rafiq Zakaria College for Women, Chhatrapati
Sambhajinagar.**

Aims :

- To explore the concept of spiritual training that Ramzan provides for Muslims in terms of self-control, patience, and devotion.
- To help participants understand how Ramzan shapes our character, purifies our hearts, and reforms our behavior.
- To highlight the moral and ethical lessons taught through fasting – such as avoiding anger, lying, and negative behavior.
- To demonstrate how Ramzan trains us to build better habits like punctuality in prayers, regular Qur'an recitation, and sincere repentance.
- To reflect on the social training Ramzan gives – including empathy for the poor, community bonding, and generosity.
- To guide attendees on how to carry forward the spiritual discipline and positive changes learned during Ramzan into the rest of the year.
- To promote a deeper appreciation of Ramzan not just as a month of rituals, but as a comprehensive training ground for the soul, mind, and body.

Objectives :

- To explain how Ramzan trains us in self-control by abstaining from food, drink, and desires during fasting hours.
- To instill the value of patience (sabr) in daily life through enduring hunger, thirst, and difficult situations.

- To teach the importance of taqwa (God-consciousness), as the ultimate purpose of fasting is to become more mindful of Allah (SWT).
- To promote discipline in worship, including maintaining regular salah, reciting Qur'an, and performing taraweeh.
- To encourage time management, as Ramzan helps structure our day around worship, work, and rest.
- To emphasize character-building, such as speaking truthfully, avoiding backbiting, and showing humility.
- To develop empathy and compassion for the less fortunate, fostering a sense of gratitude and responsibility.
- To highlight the spiritual cleansing aspect of Ramzan, through repentance, dua, and reflection.
- To reinforce the habit of charity (sadaqah & zakat) and promote helping those in need.
- To train the heart in forgiveness, by letting go of grudges and promoting reconciliation.
- To cultivate unity and brotherhood within the community through shared worship and communal iftars.
- To increase awareness of the purpose behind acts of worship, turning rituals into meaningful practices.
- To encourage setting personal goals for self-improvement, such as quitting bad habits or starting good ones.
- To prepare participants for the last 10 nights and the search for Laylatul Qadr, emphasizing spiritual focus.
- To help individuals carry the spiritual training of Ramzan into the rest of the year, promoting long-term growth.

ATR :

- Increased self-discipline among participants in daily life through better control of desires and habits.
- Enhanced patience and emotional control, especially in stressful or challenging situations.

- Stronger sense of taqwa (God-consciousness) guiding personal decisions and behavior.
- Greater consistency in prayer and Qur'an recitation, even after Ramzan ends.
- Improved time management, with participants structuring their routines around spiritual goals.
- Positive changes in character, including honesty, humility, and respect for others.
- Heightened empathy and awareness of the struggles of the poor and needy.
- More active involvement in charitable activities, including zakat, sadaqah, and volunteering.
- Regular practice of seeking forgiveness (istighfar) and reflecting on one's actions.
- Better conflict resolution and forgiveness in personal and social relationships.
- Stronger community spirit and unity, through shared learning and worship.
- Clearer understanding of the deeper meanings of fasting and other Ramzan practices.
- Personal goals for moral and spiritual development established and acted upon.
- Heightened awareness and reverence for Laylatul Qadr and the last 10 nights.
- Sustained spiritual motivation and continuation of Ramzan habits throughout the year.

Felicitation of Dr. Javeed Mukaram (Resource Person) Chairman, Tuba Pharmaceuticals by our Principal Dr. Maqdoom Farooqui sir



Dr. Javeed sir : Promote a deeper appreciation of Ramzan through out life



Dr. Ayesha Durrani : Introducing the guest Dr. Javeed sir



Mrs. Faheemunissa Baji : Value education for Life Joy



Dr. Maqdoom Farooqui sir offering the religious book to Dr. Javeed sir



Mrs. Faheemunnissa Baji : Reinforce the habit of charity & promote helping those in need.



Felicitation of Dr. Maqdoom Farooqui sir (Principal) by Prof. Vidya Pradhan (Chairman) Women's Cell



Felicitation of Dr. Javeed Makarram sir by the auspicious hands of Dr. Maqdoom Farooqui sir Principal



Mrs. Faheemunissa Baji : Encourage students setting goals for self improvement



Dignitaries on Dias : Value Education



Staff and Students attending the programme



Dr. Ayesha Durrani : Vote of thanks (HOD, Chemistry)

